KODIAK COMMUNITY RESOURCE LIST



This is a dynamic document: Names, positions, and program information are subject to change. Please send updates and report omissions to: kana_cr_updates@kodiakhealthcare.org or call 907.486.9879.

Kodiak Area Native Association (KANA) | Website: www.kodiakhealthcare.org

Mailing/Main office: 3449 Rezanof Dr. East | Near Island office: 194 Alimaq Drive

Main number: (907) 486-9800

Mill Bay Clinic: 2414 Mill Bay Rd Community Services: (907) 486-9879 | Mill Bay Clinic: (907) 486-7300

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AGING ADULTS SERVICES

Adult Protective Services – State of Alaska Senior and Disabilities Services

1835 Bragaw Street, Suite 350 Anchorage, AK 99508

Website:

http://dhss.alaska.gov/dsds/Pages/aps/default.aspx

Contact (in-state only)1(800) 478-9996 Contact(907) 269-3666

- Adult Protective Services
- General Relief Assisted Living (Medicare required)
- Personal Care Attendants
- Personal Care Provider certification
- Choice Waiver
- Plan of Care
- Children with Critical Medical Conditions (CCMC)
- Alaskans Living Independently (ALI)
- Alaskans with Physical and Mental Disabilities (APDD)
- Qualification Services

Aging and Disability Resource Center (ADRC)

Independent Living Center 211 Mission Rd. Suite #223 Open: Mon-Fri 9 am to 4 pm Website: www.peninsulailc.org

Contact......(907)486-0493
Fax.....(907)486-0409
Sarah Sterns: Independent Living Advocate and

ADRC support

Email: ssterns@peninsulailc.org

- Front door to Senior and Disability Services
- Information, Referral and Assistance
- Options Counseling for long term services and support
- Person Centered Intake (PCI)-first step for Medicaid Waiver eligibility

KANA Elder Services

(See Additional Listing Under Food Assistance) Contact.....(907) 486-1362

Email: Cassie.Keplinger@kodiakhealthcare.org

- Nutritional and other limited support to those age 55+ in the villages of Akhiok, Karluk, Larsen Bay, Old Harbor, Ouzinkie and Port Lions
- Title VI Meal Service
- Support and chore services may be available for Elders, depending on funding and staff availability

Hospice and Palliative Care of Kodiak

Providence Kodiak Island Medical Center 1915 E Rezanof Drive, East Room A101

Website: <u>hpck.org</u>

Contact..... (907) 512-0600

- "Joining the journey of those facing life threatening illness of loss; meeting needs; reducing fears; offering comfort."
- All services are free
- Aids with advance planning
- Provides resources and education to the community for dementia and grief
- Offers multiple grief support options for the community (one-on-one or in a group setting)

Sun Rise Assisted Living

309 Erskine Ave

Contact...... (907) 539-8827

Email: andrea.abena67@yahoo.com

- Medicaid & Insurance Accepted
- Housing Vouchers Accepted
- Private Pay Accepted
- Independent and Assisted Living
- All Ages Accepted
- Pets on approval

Kodiak Island Housing Authority

(See Listing Under Housing & Shelter Assistance)

Emerald Heights Apartments

182 Alimaq Drive – Near Island

Contact..... (907) 486-0231

- Housing Suites for ages 55+
- Mail delivery available
- Ample parking
- Meals on wheels
- Community Activity Room

Heritage Heights

514 Mill Bay Road

Applications......(907) 486-8111 Contact (12pm – 4pm)(907) 486-2071

- Independent Senior Living
- Native Preference
- Assistance with:
 - Daily living activities
 - o Light housekeeping
 - Laundry & Transportation services
 - o Meal preparation and delivery

Senior Benefits – State of Alaska Division of Public Assistance

855 West Commercial Drive

Wasilla, AK 99654

Hours: 8:00am - 5:00pm

Email: hss.dpa.offices@alaska.gov

Website:

http://dhss.alaska.gov/dpa/Pages/seniorbenefit s/default.aspx

- Age 65 or older
- Live in Alaska voluntarily and intend to make Alaska your home
- Income under the limits for senior benefits

Senior Citizens of Kodiak, Inc.

302 Erskine Avenue

Website: www.kodiakseniorcenter.org

Kodiak Senior Center

Email: seniorsofkodiak@gmail.com Hours: Mon – Fri, 8:30am – 5pm

- Supportive services for individuals age 60 and over
- Information & referral including benefits, housing, Medicare, etc.
- Activities, exercise & special events
- Congregate meals 5 days a week
- Home delivered meals 7 days a week
- Transportation through KATS
- Medical equipment loans
- Medical Power of Attorney and Advanced Directives paperwork available at Senior Center

Family Caregiver Support Program

Contact	. (907)	486-6181
Toll-Free	1 (800)	774-6181

- Serving people 60 and older and their families no matter where the senior lives
- Family support group every third Thursday
- Respite
- Lifeline services
- Training
- Lending Library

Island Cove Adult Day Program

Hours: Mon - Fri, 8am - 5pm, Sat - Sun 9:30am - 3pm

Website:

https://kodiakseniorcenter.org/island-cove-adult-day-program/

 An active and safe environment for seniors and those with dementia, traumatic brain injury and other disabilities

Senior in Home Services

Contact	(907)	486-6181
Toll-Free	1(800)	774-6181

- For people 60 and older
- Chore services self pay and sliding fee
- Congregate Meals and Meals on Wheels (home delivery)
- Partner with Kodiak Area Transit System

Additional Online Resources to Consider:

• Legal Resources for Seniors

<u>www.justgreatlawyers.com/legal-resources-considerations-seniors-special-needs</u>

 Making the Move to Assisted Living www.homecity.com/making-the-move-toassisted-living

CHILDREN'S SERVICES

KANA Child Care Assistance Program

Physical: 194 Alimaq Drive

Mailing: 3449 Rezanof Drive East

Hours: Monday - Friday, 8am - 4:30pm

Contact......(907) 486-9879

Fax.....(907) 486-1340

Email.....KANAChildcare@kodiakhealthcare.org

Serving Alaska Native and American Indian

- Serving Alaska Native and American Indian Children
- Childcare cost reimbursement program

KANA Infant Learning Program (ILP)

Cama'i Center (Noodles building)
Contact......(907) 486-1366
Fax....(907) 486-1345

- Assistance to <u>ANY</u> family whose infant or toddler is at risk for developmental delay or has been identified with special needs.
- Developmental screenings and evaluations for children birth to age three.
- The Ages & Stages Questionnaires for families who want to monitor and learn about their child's growth and development.
- Assistance to parents interested in learning ways to play with their young child to encourage learning and development.
- Toddler group offered to families with children enrolled in ASQ/ILP.

KANA Kodiak Child Advocacy Center (CAC)

Contact...... (907) 486-1378

 Specialized facility in which a multidisciplinary team of representatives from many agencies work together to conduct interviews, provide medical care and make team decisions about the investigation, treatment, management and advocacy of child maltreatment cases.

KANA Prevention Services

Contact..... (907) 486-7388

Email: Prevention@kodiakhealthcare.org

- Two summer programs that are free and open to all youth in the community.
- Registration is required to participate, and parents can contact the KANA Prevention team

Activity Afternoons

- A general activity program held every Monday and Friday at Baranof Park
- Hours: 1:00p to 3:00p
- Open to kids in 1st grade and up

Explore the Rock

- Designed for kids entering middle school and above
- Involves going on nature walks
 - Every Tuesday from 10am to 2pm
- High intensity hike
 - Ever Thursday from 10am to 3:30pm.

Developmental Disability Resource Connection (DDRC)

Independent Living Center

211 Mission Rd Suite 223

Open Mon - Fri 9 am - 4 pm

Website: www.peninsulailc.org

Contact......(907)486-0491 Fax.....(907)486-0409

Sarah Sterns: DDRC Support Email: ssterns@peninsulailc.org

- Application assistance for IDD eligibility with the State of Alaska
- Assistance with registration and renewal process, waitlist for IDD and ISW Medicaid Waiver
- Short Term Service Coordination

Kodiak Baptist Mission (KBM)

1944 East Rezanof Drive

Website: <u>www.kodiakbaptistmission.org</u> Contact.......(907) 486-4126 Fax.....(907) 486-5567

Sonshine Christian Preschool and Daycare

- Hours: Mon Fri, 7:30am to 5:30pm
- Year-round service provided
- Ages 3-5
- Monthly Enrollment during school year
- Scholarships Available

After School Recreation for Kids (ARK)

- Hours: Mon Fri, after school and "inservice" days
- After school pick-ups are available from <u>ALL</u> elementary schools and Kodiak Middle School
- Services during the school year
- Grades: K age 12
- Scholarships Available

Island Summer Adventures Day Camp

Hours: Mon – Fri, 7:30am – 5:30pm

- Services all summer
- Children entering Grades Pre-K age 12
- Weekly Enrollment Price
- Scholarships Available
- Specialty camps for horsemanship and kayaking

Kodiak Christian School

3300 E. Rezanof Drive

Email: kcsoffice@kodiakchristianschool.com

- · Preschool through eighth grade
- Christ-centered educational program
- Adopts the historic Christian view of life as presented in the Bible.
 "All truth is God's truth and must be integrated into school life".

Kodiak Crisis Pregnancy Center

(See Listing Under Parenting Support)

Kodiak Public Library

612 Egan Way

Contact..... (907) 486-8686

Lap Sit Story Time

- Every Wed 10:30am 11am
- Ages 0-36 months old
- Enjoy age-appropriate stories and songs as you bond with your child

Lego Time

Every Wed 3:00pm

Family Discover Story Time

- Every Thurs 11am 11:30am
- Ages 4-5 years old

• Story and craft or activity

Friday Movie

• Early out activity – 3:00pm

Resources:

- Books
- Copying and Scanning
- Homework Assistance
- Computer Access
- Study rooms
- Meeting space

KIBSD Special Services for Developmental Screenings

(See Listing Under Educational Resources)

KIBSD Early Childhood Services

(See Listing Under Educational Resources)

Kodiak KINDNESS

(See listing under Healthcare Services)

Kodiak National Wildlife Refuge Visitor Center

402 Center Street

Contact...... (907) 487-2626 Facebook: Kodiak National Wildlife Refuge

Website: www.fws.gov

Scavenger Hunts

Wildlife and Nature themed within exhibits

Junior Ranger Program

- Activity booklet
- Scavenger hunts
- Community education
- Native mammal information
- Conservation information
- Completion earns Junior Ranger Patch
- Activities and updates Facebook page

Salmon Camp (June - August)

- Educate youth about Kodiak's natural and cultural systems
- Scholarships available
- Grades K 8

FUN Program

- Winter schedule: Wed 10:30am 11:15am
- Summer schedule: Tues 10:30am 11:15am
- Ages 3-5 years old
- Stories, songs, puppets, and crafts

Wild Program

- Ages 6+
- Drop off allowed

Happy Trails

 Dates and Times (including weekends) found on Facebook page

The LeeShore Center - State of Alaska

325 S. Spruce St., Kenai, AK 99611

Website: www.leeshoreak.org

Child Care Assistance Program

Hours: Mon - Fri, 8am to 5pm

- Assisting Natives & non-Natives
- Childcare Assistance forms for families and providers available on website

MOPS-Mothers of Preschoolers (Sept – May)

416 Island Lake Road, Kodiak Bible Chapel Hours: 1st and 3rd Tues from 9:30am to 11:30am Website:

www.facebook.com/groups/223626757693986

Contact (907) 486-5219

- Program designed to encourage and support any mother with children ages birth to 5.
- Meetings consist of encouraging words from mentor moms and or special speakers, crafts, food and fellowship.
- Childcare provided through MOPS KIDS program

Office of Children's Services - Kodiak

316 Mission Road, Suite 215

Website: www.dhss.alaska.gov/ocs

Contact (907) 486-6174 Fax...... (907) 486-4107

- Child Abuse and Neglect Services
- Foster Care

River of Life Christian Fellowship Daycare Center

2050 Selief Lane

Email:

 $\frac{river of life christian fellowship day carecenter @ala}{ska.net}$

Open Mon-Fri

Daycare hours: 7:30 AM-5:30 PM

Accepts Ages: 0-12 years

Rural CAP

419 Hillside Drive

Website: www.ruralcap.org

Kodiak Head Start Preschool

Contact..... (907) 486-4963

Fax.....(907) 486-6150

Email: Kodiak@ruralcap.com

- Free preschool educational services
- Assisting all low income families
- Ages 3 to 5

Parents as Teachers

Contact (Heather Foxworthy)..... (907) 539-5443 Email......hfoxworthy@ruralcap.com

- Located inside the Head Start building
- Providing information, support, and encouragement parents need to help their children to develop optimally during the crucial early years of life through free personal visits, group socials, screenings, and resource referrals.
- Providing "What You Do Matters" six-week parenting groups to both the community as a whole and individual organizations.

St. Mary's School

2932 Mill Bay Road

Website: www.smskodiak.org

Contact......(907) 486-3513 Fax (907) 486-3117

Email: tschneider@smskodiak.org • Hours: Mon-Fri; 8am – 4pm

- Preschool ages 3-4 and Kindergarten
- Extended hours for attendees until 4pm or as prearranged with faculty.

St. Paul's Preschool

3077 East Rezanof Drive (Bottom of Spring Hill Hall)

Website: www.stpaulpreschoolkodiak.org Facebook: St Paul Lutheran Preschool

Contact...... (907) 486-5317

Fax.....(907) 486-6840

Open Mon – Fri

Summer Hours:

• Daycare hours: 7:30am – 5:30pm

Winter Hours:

Daycare Hours: 7:00am to 5:30pm

- Morning Preschool
 - o 2 to 3-year old program: 8:30am to 11:30am
 - o 4 to 5-year old program: 8:45am to 11:45am
- Afternoon Care Preschool
 - Hours: 11:30pm to 5:30pm
 - o Ages 2 to 5
- After School Care
 - Hours: 2:00p to 5:30p
 - Ages K 8

Sun'ag Tribe of Kodiak - Social Services Office 312 Marine Way

Website: www.sunaq.org

Contact... (907) 486-4449

Child Care Assistance

Sun'aq tribal members only

Indian Child Welfare Act (ICWA)

Sun'ag tribal members only

Johnson O'Malley

• Alaska Natives and American Indians age 3 to those completing high school and living within the Sun'ag's service area may utilize funding for a variety of education, cultural, or life skills enhancement.

United States Coast Guard – Base Kodiak

Contact...... (907) 487-5444

Child Development Center

Building N-41

Contact......(907) 487-5481

- Mon Fri (Closed federal holidays)
- Serving ages 6 weeks 12 years
- Accredited by the National Association for the Education of Young Children
- Priority enrollment to USCG personnel and other federal employees

Child Development Services

Building N-27 (5th Floor of Commissary) Contact......(907) 487-5525 ext.0

- Family Child Care Certification for Coast **Guard Housing**
- Red Cross Babysitter's Training for military vouth
- Connecting military families to youth services in Kodiak

CLOTHING

Kodiak Area Native Association Family Services

Contact...... (907) 486-9882

- Drop off Diaper Drive
- Assisting low income families
- Works with KWRCC and Kodiak Crisis Pregnancy

Kodiak Crisis Pregnancy Center

(See Listing Under Children's Services)

Kodiak Women's Resource & Crisis Center

(See Listing Under Housing and Shelter Assistance)

The Salvation Army Thrift Store

1855 Mission Road

Website:

https://kodiak.salvationarmy.org/kodiak_corps/ thrift-store-1

Contact......(907) 486-8530 Fax.....(907) 486-2978

- Hours: Tues Sat, 10am 4:30pm
- Donations also accepted at this location

St. Mary's Thrift Store

2918 Mill Bay Road

Website: www.stmaryskodiak.org

Contact...... (907) 486-5408

• Hours: Thurs – Sat 10am – 4pm

DISABILITY SERVICE PROVIDERS

Social Security - Anchorage Office

222 West 8th Avenue, Room A11 Anchorage, AK 99513

Contact...... 1(866) 772-3081

- Providing assistance with disability and retirement applications
- Applying for Social Security cards
- Video Service Delivery (VSD) is available at the Kodiak Job Center every 2nd and 4th Tuesday of each month, 9:00am-11:45am. Sign-in begins at 8:00am. First come, first serve. 211 Mission Road, Suite 103.

Alyeska Vocational Services

2221 E. Northern Lights Boulevard, Suite 108 Anchorage AK, 99508

Website: www.wvs.org
Email: navigator@wvs.org

Contact	(907) 562-7019
Fax	(907	344-7284

 Providing a range of resources and services to deaf and hard of hearing Alaskans to improve long-term employment and housing options

ATLA (Assistive Technology of Alaska)

1500 W 33rd Ave, Suite 120

Anchorage, AK 99503 Website: www.atlaak.org Email: atla@atlaak.org

- Assisting with blind/low vision, communication, deaf/hard of hearing, environmental controls, and learning barriers.
- Assisting any age, living in Alaska, and needing assistive technology

Independent Living Center

211 Mission Rd. Suite #223 Open Mon - Fri 9 am to 4 pm

Website: www.peninsulailc.org

Contact......(907)486-0493 Fax.....(907)486-0409

Sarah Sterns: Independent Living Advocate

Email: ssterns@peninsulailc.org

- Individual and Systems Advocacy
- Transition Services from nursing home or assisted living to the community
- Peer Support
- Information and Referral
- Low Vision Services

- Assistive Technology
- ADRC: Aging and Disability Resource Center

-see listing under Aging Adult Services

 DDRC: Developmental Disability Resource Connection

-see listing under Children's services

 VOICE: Veterans Options for Independence, Choice and Empowerment

-see listing under Veteran Services

KANA Tribal Vocational Rehabilitation

Physical: 194 Alimaq Drive
Mailing: 3449 Rezanof Drive East
Email: TVR@kodiakhealthcare.org
Contact......(907) 486-1361
Fax.....(907) 486-4829

- Assisting Native individuals with disabilities/barriers to employment
- Employment counseling and guidance
- Job development and job skills training
- Vocational training and education

Division of Vocational Rehabilitation- State of Alaska Department of Public Assistance

1016 W 6th, Suite 403 Anchorage, AK 99501

Contact (907) 269-3580 Toll Free...... (888) 330-6468

Website: www.labor.alaska.gov/dvr/

 Applicants can start an online application at <u>www.labor.alaska.gov/dvr/start-an-application.html</u>

DURABLE MEDICAL EQUIPMENT

My Med Supplies - Geneva Woods

501 W. International Airport Road, Suite 1A Anchorage, AK 99518

- Hours: Mon Fri 8:30am 5:30pm
- Home Medical Equipment and Supplies
- All major insurances accepted, including Medicare, Medicaid and Tricare
- Operations/Complaint Officer: Gabrielle Jones

PROCARE Home Medical

4215 Credit Union Drive Anchorage, AK 99513

Website: www.procarehm.com

Contact...... (907) 274-0770 Fax (907) 274-0773

- Home Medical Equipment and Supplies
- Accept most major insurance, including Medicare, Medicaid, and Tricare
- Accepts private pay
- Contracted with Veteran's Affairs

Senior Citizens of Kodiak, Inc

(See Listing Under Aging Adult Services)

Terra Cupp (Local Resident)

Contact..... (907) 942-5499

Lending Closet

- Beds, walkers, crutches, commodes, suction machines, splints, scooters, canes, etc.
- Adult diapers
- Call or text if looking for something, as she may have it.

EDUCATIONAL RESOURCES

KANA EMS Training Courses

3449 Rezanof Drive East

Contact..... (907) 486-1377

- Offering EMT-1 (Basic), ETT (Emergency Trauma Technician, BLS (Basic Life Support), CPR, First Aide, Baby Sitter CPR/First Aide, AED, and CPR/AED combo classes
- Call to set up a training course or for more information. Maximum class size is 12 people per instructor

KANA Higher Education Scholarships

Physical: 194 Alimaq Drive

Contact..... (907) 486-9879

- Financial aid for Akhiok, Kaguyak, and Port Lions tribal members
- Financial aid also for
 - o GED/Adult Basic Education
- General Higher
 Education/Vocational Assistance
 Contact......(907) 486-1358

• Financial aid for Tangirnag Tribal members

KANA Infant Learning Program (ILP)

(See Listing Under Children's Services)

KANA Tobacco Prevention and Control Program

(See Listing Under Prevention Services)

KANA Women, Infant, and Children (WIC) Program

Contact...... (907) 486-7811 (See Listing under Food Assistance)

Kodiak College - University of Alaska Anchorage

117 Benny Benson Drive Contact....... (907) 486-4161 Contact...... (800) 486-7660 Website: www.koc.alaska.edu

Adult Education

Contact...... (907) 486-1243

- Alternative High School Diploma or GED Courses
- English as a Second Language
- Career and College Preparation
- Citizenship courses

Learning Center

Contact..... (907) 486-1203

Offers tutoring

Carolyn Floyd Library

Contact..... (907) 486-1238

- Mon Thurs 11am 8pm
- Fri 11am 5pm

Student Services

Contact..... (907) 486-1266

Admission, registration, financial aid, and academic counseling

Kodiak Crisis Pregnancy Center

(See Listing Under Children's Services)

Kodiak Island Borough School District

722 Mill Bay Road Contact......(907) 486-7550 Fax.....(907) 481-6255

Website: www.kibsd.org

Special Services for Developmental Screenings

Contact...... (907) 486 7574

Early Childhood Services

Email: ECS@kibsd.org

Website: https://www.kibsd.org/Domain/684

- Ages 3-5
- Preschool Options

Providence Kodiak Island Medical Center

1915 East Rezanof Drive

Main Contact...... (907)486-9500

American Heart Association

Contact..... (907-486-9569

- Basic Life Support (BLS) skills check off
 - Course must be completed online prior to skills check off
 - Available on a scheduled basis

Birthing Class

Contact......(907)486-9569

Website:

https://alaska.providence.org/locations/p/pkim c/maternity

- Classes taught by Providence nurse
- Suggest to start taking classes at or before 20 weeks of pregnancy
- Every Wednesday from 5:30pm 6:45pm
- Classes are free

Senior Citizens of Kodiak, Inc

(See Listing Under Aging Adult Services)

Sun'aq Tribe of Kodiak

312 West Marine Way Website: www.sunaq.org

Higher Education

Assisting Sun'aq tribal members only

KANA Tribal Vocational Rehabilitation

(See Listing Under Disability Service Providers)

State of Alaska Division of Vocational Rehabilitation

(See Listing Under Disability Service Providers)

Alyeska Vocational Services

(See Listing Under Disability Service Providers)

EMERGENCY PREPAREDNESS

Kodiak Area Emergency Preparedness Guide

https://www.city.kodiak.ak.us/sites/default/file s/fileattachments/police/page/319/kodiak_eme rgency_preparedness_flu_en.pdf

Building a 7 Day Emergency Kit

https://www.ready.alaska.gov/Documents/Alaska%207-day%20Emergency%20Kit.pdf

Tsunami Evacuation Maps

http://ready.alaska.gov/Plans/Mitigation/Tsuna mis

Earthquake Preparedness Book

<u>Are You Prepared_edited-Nov2016-FINAL.pdf</u> (alaska.gov)

Make a Plan

https://www.ready.gov/make-a-plan

Kodiak Tsunami Inundation Maps

http://dggs.alaska.gov/pubs/id/29740

EMPLOYMENT & TRAINING SERVICES

Human Resource Centers of Alaska

202 Center Street Contact......(907) 486-7614 Fax.....(907) 486-3308

- Hours: Mon Fri, 9am 5pm
- Temporary employment agency
- Licensed security Guard Facility
- Offering Copy, Fax, Internet, and Notary Services

KANA Employment, Training and Support Services Department

Physical: 194 Alimaq Drive Contact...... (907) 486-9879

- Assisting all Alaska Natives and American Indians in Koniag region
- Employment resources (Job search, resume, application, interview preparation)
- Vocational/Technical training: Financial assistance for Alaska Natives and American Indians residing in Akhiok and Port Lions

Kodiak Job Center

211 Mission Road, Suite 103 Website: www.jobs.alaska.gov

Email: Kodiak.jobcenter@alaska.gov

Contact (907) 486-3105 Fax...... (907) 486-4716

- Employment resources/Application assistance
- Veterans and rehabilitation services
- Unemployment
- Video Service Delivery (VSD) is available at the Kodiak Job Center every 2nd and 4th Tuesday of each month, 9:00am-11:45am. Sign-in begins at 8:00am. First come, first serve. Anchorage Social Security Office # is 1-866-772-3081.

Threshold Services

(See Listing Under Environmental Services)

KANA Tribal Vocational Rehabilitation

(See Listing Under Disability Service Providers)

State of Alaska Division of Vocational Rehabilitation

(See Listing Under Disability Service Providers)

Sun'aq Tribe of Kodiak - Main Office

312 West Marine Way Website: www.sunaq.org

Contact... (907) 486-4449 Fax..... (907) 486-3361

Employment and Training

- Roads and Cannery
- Job Placement & Training
- Career Development

ENVIRONMENTAL SERVICES

Kodiak Borough Landfill

1203 Monashka Bay Road

Contact......(907) 486-9345 Fax.....(907) 486-2750

- Hours: Mon Sat 10am 4pm
- Accepts: appliances, car batteries, furniture, household trash, tires, used oil, paints, solvents, and cleaning chemicals from residents
- Free Disposal Services for Kodiak road system residents:
 - o Trash up to 260 lbs per day
 - Hazmat 40 lbs per month
 - Oil 5 gals per month
 - Community Clean-Up, 1st Saturday in May
- Fee Required Disposal Services residents
 - Refrigerators \$10 each
 - Heavy Metals depends on weight

Threshold Recycling Services, Inc.

380 Von Scheele Way

Facebook: Threshold Services Inc.
Email: thresholdservicesinc@gmail.com
Contact......(907) 486-6551

- Hours: Tues Sat 10am 6pm
- Recycling services for residential and business
 - Pick up available for flat fee of \$25 per pick up
- Confidential Shredding (\$.30/lb w/ \$9 min.)
- Rent-A-Bin for Events for free!
 - *Suggested Donation*

Volunteer opportunities

Island Trails Network

202 Center Street, Suite 205 PO Box 301

Website: http://www.islandtrails.org/ Contact......(907) 205-5222

Email: Info@islandtrails.org

 Develop, maintain, and promote sustainable trails, waterways, shorelines and access throughout the Kodiak archipelago

Kodiak Soil & Water Conservation District

301 Research Court Room 245 (touch tank building)

Website:

http://www.kodiaksoilandwater.org/index.php Contact.....(907) 486-5574

- Provides education and leadership by coordinating and implementing programs for the conservation, use and sustainable development of soil, water and related resources
- Current projects:
 - o Community Garden on Larch Street
 - Fish Passages
 - o Invasive species removal

KANA Regional Environmental Coordinator

194 Alimaq Drive

Contact.....(907)486-1313

 Works closely with Village EPA/IGAP Coordinators and other participating tribes and entities to ensure environmental goals

- and objectives or the EPA/IGAP grant are met
- Provide resources and technical support to update Integrates Waste Management Plans
- Liaison with necessary agencies, outside partners and contractors to facilitate project or program success

Kodiak Island Borough - Community Advisory Boards

Boards & Commissions:

https://www.kodiakak.us/100/Boards-and-Commissions

Service Area Boards:

https://www.kodiakak.us/277/Service-Area-Boards Meetings and Agendas:

https://kodiakak.civicweb.net/portal/

Contact..... (907) 486-9300

- Assists in identifying creative and workable solutions to ongoing and emerging issues
- Provides forum for input and recommendations on policy and program direction
- Advisory Boards:
 - o Solid Waste Advisory Board
 - Nick Szabo, Chairman
 - o Bayview Road Service Area Board
 - Jim Carmichael, Chairman
 - Monashka Bay Road Service Area Board
 - Patrick Joseph O'Donnell, Chairman
 - o Fire Protection Area No. 1 Board
 - Aaron Griffin, Chairman
 - Service Area No. 1 Board
 - Scott Arndt, Chairman

Women's Bay Service Area Board
 David G. Conrad, Chairman

FOOD ASSISTANCE

Food Stamps-State of Alaska Department of Public Assistance

211 Mission Road, Suite 101 Website:

www.dhss.alaska.gov/dpa/Pages/fstamps
Contact......(800) 478-7778

- Assisting all Kodiak Island residents
- Benefit amounts depend upon household size, net income, and location of residence.

KANA Title VI - Senior Meal Program

Contact......(907)486-1362 Fax.....(907) 486-4829

- Serving Native and non-Native seniors aged 55 and up, their spouses, and disabled adults in the villages of Akhiok, Karluk, Larsen Bay, Old Harbor, Ouzinkie, and Port Lions.
- Congregate and home delivered meals are provided in Ouzinkie and Port Lions.
- Quarterly food boxes are provided to Akhiok, Karluk, Larsen Bay and Old Harbor.

KANA Women, Infants, and Children (WIC) Program

2414 Mill Bay Road

Website:

http://kodiakhealthcare.org/communityservices/cs-families-children/wic/

Contact	(907) 486-7312
Fax	(907) 486-1346

- Assisting with supplemental foods
- Growth and development monitoring, diet assessment, and nutrition education services
- Breastfeeding services and support
- Assisting Native and non-Native community members

Kodiak Baptist Mission

1944 E Rezanof Drive

Website: www.kodiakbaptistmission.org
Contact (907) 486-4126

• Hours: Tuesday and Thursday 4pm – 6pm

Kodiak Crisis Pregnancy Center

(See Listing Under Children's Services)

Kodiak Island Borough School District

722 Mill Bay Road

Website: www.kibsd.org

Food Services

Website: https://kibsd.org/departments/food-service/

- Assisting low income households
- Public Assistance households and Migrant Education Students receive free meals

The Salvation Army (Food Bank)

1855 Mission Road

Website:

https://kodiak.salvationarmy.org/kodiak_corps/ Contact.....(907) 486-8740 Fax.....(907) 486-2978

Senior Citizens of Kodiak, Inc.

(See Listing Under Aging Adult Services)

HEALTHCARE SERVICES

Alaska Health Insurance Premium Payment Program (HIPP)

Email: CustomerService@MyAKHIPP.com

 To help Medicaid and Denali KidCare recipients with costs associated with health insurance

Alivia

 Integrated women's health & midwifery

 Contact......(202) 964-0278

 Fax......(855) 794-0985

 Email......info@carealivia.net

Personalized women's healthcare with Nurse Practitioner and Midwife Alyssa DeConto

- Pregnancy, Birth, and Postpartum care
- Fertility counseling
- Women's Wellness & Holistic Primary Care
 - Patient centered medical care
 - Integrated approach includes lifestyle, diet, therapies, and traditional allopathic medicine
- Telemedicine
 - All above services can be offered, at least in part, via Telemedicine to any Alaska resident
 - Cash-only service

Arctic Physical Therapy Services Inc.

813 Mill Bay Road

Website: www.arcticphysicaltherapy.com
Contact.....(907) 486-4499

Orthopedic Services

- Back, Neck, Shoulder, Arm, Hip, Knee, and Foot/Ankle pain
- Rehabilitation after surgery
- Sacroiliac Joint Dysfunction
- Prenatal & Postpartum Pain
- Custom Orthotic Fittings

Neurological Services

- Functional Mobility Training
- General Strengthening and Conditioning
- Vestibular and Balance Disorders
- Fall Risk Prevention
- Home Safety
- Gait Training

Treatment

- Therapeutic Exercises
- Work Ergonomics and Posture Retraining
- Manual Therapy
- Modalities to assist with pain reduction, inflammation reduction, edema reduction
- Electrical Stimulation
- Microcurrent e-stim
- Ultrasound
- Cervical and Lumbar Traction

Consumer Direct Personal Care

1941 Mill Bay Road # B

Website: www.consumerdirectak.com

Contact...... (907) 481-3070 Fax..... (907) 481-3071

- Providing in-home health maintenance support
- Accepts Medicaid, Private Insurance, and Private Pay

Hope Community Resources

917 Mill Bay Road

Website: www.hopealaska.org

Contact......(907) 486-5011 Fax.....(907) 486-5019

- Mon Fri 8am 5pm
- Providing services and support for individuals and families who experience developmental disabilities

Kodiak Area Native Association

Contact (907) 486-9800

Physical Therapy

Contact..... (907) 486-1397

- Hours: Mon Fri, 8am 4:30pm
- Location: 1247 Mill Bay Road

Behavioral Health

Contact...... (907) 486-9812

• Hours: Mon – Fri, 8am – 4:30pm

Dental Clinic

Contact...... (907) 486-9850

• Hours: Mon – Fri, 8am – 5pm

Medical Clinic

Contact......(907) 486-9870

- Hours: Mon Fri, 8am 7pm
- Sat 9am 2pm

Substance Abuse Services

(See Listing Under Prevention & Substance Abuse Services)

 Sliding Fee Discount Program for eligible patients that covers Medical, Dental and Behavioral Health services

Kodiak Community Health Center

1911 East Rezanof Drive

Website: www.kodiakchc.org

Contact......(907) 481-5000 Fax.....(907)481-5030

"We exist to provide compassionate and comprehensive primary care to the entire Kodiak community."

Mon – Fri 8am – 6pm and Sat 8am – 4pm 2nd Tuesday of each month: 10am – 6pm Our services:

- Pediatric and Adult Primary Care
- Chronic Disease Management
- Obstetrical (OB) Care & Deliveries
- Alaska Breast & Cervical Program (ABC)
- Well Child Check-ups
- Immunizations
- Physicals
- Dietetics
- Laboratory services
- Behavioral Health
- Medication Assisted Treatment
- Telehealth Appointments

We offer a sliding fee discount program!

After Hours Advice Line:

In the event of an emergency, please go to the ER located on the 2nd floor of PKIMC hospital. For medical advice after KCHC office hours, please call 907-481-5000 and press 1 to receive assistance from our Nurse Advice Line.

Kodiak KINDNESS

1915 East Rezanof Drive PO Box 8704

Contact...... (907) 529-2660

Website: https://kodiakkindness.org/
Email: kodiakkindness@gmail.com

Serving any family with a baby under one living in Kodiak

- Free, compassionate, evidence-based support with infant feeding
- Calls and home visits during the first year of life
- Loans hospital grade breast pumps, digital infant scales, and other breastfeeding aids
- Infant nutrition classes
- Support and play groups
- 24-hour support "warm-line" to answer infant feeding questions

Kodiak Island Ambulatory Care Clinic

202 Center Avenue, Suite 102

Website: https://kiacc.com/

Contact...... (907) 486-6188 Fax..... (907) 486-6146

- Hours: Mon Fri, 8am 6pm; Sat 9am-1pm
- Assists everyone
- No insurance self-pay option
- Family Medicine, Urgent Care, Walk-in Clinic
- Offers Allergy Shots
- Laboratory Services

Kodiak Public Health Center

316 Mission Road, Suite 207

Website:

https://dhss.alaska.gov/dph/pages/default.aspx

Contact	. (907) 486-3319
Fax	(907) 486-8149

Hours: Mon – Fri, 8am – 4:30pm

Kodiak Birth and Wellness, LLC

Licensed birth center & midwifery clinic 211 West Hillcrest Street

Comprehensive midwifery care with Midwife Flke Saunders

- Complete prenatal and in-home postpartum care
- Childbirth education
- Breastfeeding support
- Annual exams
- Thyroid & hormone testing
- Natural fertility counseling

Mill Bay Health Center

2414 Mill Bay Road

Contact......(907) 486-7300 Fax.....(907)486-9808

- Hours: Mon Fri 8am 6pm and Sat 10am
 2pm
- Open to all Kodiak residents
- Services include:
 - Medical, X-Ray, Dental, Behavioral Health Consult, Massage Therapy, WIC, Income based Legal Services (Beneficiaries only)

North Pacific Medical Care

104 Center Avenue, Suite 100 (located next to the Rookery)

Contact.....(907)486-4183 Fax.....(907)486-4233

- Hours: Mon Fri, 8am 5pm
- Family practice
- Accepts all insurance providers

Providence Kodiak Island Medical Center

1915 East Rezanof Drive

Website: <u>www.alaska.providence.org</u> Contact......(907) 486-9500 Fax.....(907) 486-9513

Long-Term Care: Chiniak Bay Elder House

1915 E Rezanof Drive

Contact......(907) 486-7800 Fax.....(907) 486-7801

• 7 days a week, 24-hour elder care

Specialty Clinic

Contact......(907) 486-9580

 Pediatrics, urology, allergy, dermatology, podiatry, psychiatry, gynecology, audiology and ear, nose and throat specialists

Palliative Care Services

Website: https://hospice-and-palliative-care-of-kodiak.square.site/

Contact...... (907) 512-0600

• Hours: Mon – Fri, 8:30am – 3:30pm

Therapy Services

Contact......(907) 486-9515 Fax.....(907) 486-9516

- Services available to everyone
- Physical therapy
- Speech and Language
- Occupational Therapy

Offers Pediatric services

Providence Kodiak Island Counseling Center

717 Rezanof Drive East

Website: www.alaska.providence.org

Contact......(907) 481-2400 Fax.....(907)481-2419

Alcohol Safety Action Program (ASAP)

Contact...... (907) 481-2413 Fax..... (907) 481-2420

<u>Mental Health Clinicians in the Schools</u> <u>Program</u>

Contact: Susan Philo...... (907) 481-2400

- Mental Health Clinician locations:
 - Kodiak Middle School
 - Kodiak High School

Outreach Programs

Contact...... (907) 481-2400

<u>Psychiatric Care and Outpatient Mental Health</u> Counseling Services

counseling Services

Contact...... (907) 481-2400

Psychiatric Emergency Services

Contact..... (907) 486-3281 (PKIMC)

<u>Substance Abuse – Safe Harbor Program</u>

Contact......(907) 481-2400

<u>Urine Analysis and Breathalization Program</u>

Emergency...... (907) 539-1617

Senior Citizens of Kodiak, Inc.

(See Listing Under Aging Adult Services)

State of Alaska Department of Public Assistance

211 Mission Road Suite 101

Denali KidCare

Contact...... (800) 478-7778

 Health insurance coverage for pregnant women, children, and teens through age 18

Medicaid

Website:

www.dhss.alaska.gov/dpa/Pages/Medicaid

- Contact...... (800) 780-9972
- Health insurance for low-income children, pregnant women, families, the elderly, blind and the permanently disabled

HEALTHCARE SERVICES — UNINSURED/UNDER INSURED

Kodiak Area Native Association

(See Listing Under Healthcare Services)
Contact...... (907) 486-9861

Email: Paula.Matchian@kodiakhealthcare.org

 The Patient Benefits Coordinator can assist in applications for eligible coverage and resources including but not limited to: Medicaid, T-SHIP, and VA Benefits.

Kodiak Island Ambulatory Care Clinic

(See Listing Under Healthcare Services)

Kodiak Community Health Center

(See Listing Under Healthcare Services)

Kodiak Public Health Center

(See Listing Under Healthcare Services)

Consumer Direct Personal Care

(See Listing Under Healthcare Services)

Providence Kodiak Island Medical Center (See Listing Under Healthcare Services)

State of Alaska Department of Public Assistance

211 Mission Road, Suite 101

Chronic & Acute Medical Assistance
Website:

www.dhss.alaska.gov/dhcs/Pages/cama Contact......(800) 478-7778

 Health Care Coverage for people age 21-64 who do not qualify for Medicaid benefits, have very little income, and have inadequate or no health insurance

HOUSING & SHELTER ASSISTANCE

Alaska Housing Finance Corporation

- Mon Fri 8am 5pm
- AHFC offers the Housing Choice Voucher Program
- Family: Pacific Terrace at scattered locations

Bayview Terrace Apartments

309 Erskine Avenue Email:amcfarland@gci.net Property Manager (Angie) (907) 942-1515

- Housing Vouchers Accepted
- Private Pay Accepted

- Independent and Assisted Living
- All Ages Accepted
- Pets on approval

Brother Francis Shelter

410 Thorsheim Street

Contact...... (907) 486-5610

- Emergency Shelter and meals
- Assisting men, women, and children
- Hours: 7 days a week, 8:30pm 7:30am,
 with client intake from 8:30pm 10:30pm
- Homeless Prevention and Rapid Re-housing
 9am to 5pm
- 30-day max stay

Providence Kodiak Island Medical Center - Chiniak Bay Elder House

1915 E Rezanof Drive

Contact...... (907) 486-7800

- 22 bed long term care
- Full dietary services, skilled nursing care, physical and occupational therapy, social services, activity therapy, spiritual services.
- A demonstrated need for 24 hour nursing care is required.

Fir Terrace Apartments

2610 Mill Bay Road, Apartment E1 Contact.......(907) 486-4648

- Fully subsidized community
- Very low to moderate income families, elderly persons, and persons with disabilities

Kodiak Island Housing Authority

3137 Mill Bay Road

- Hours: Mon Fri, 8am 4:30pm
- All applications available online
- Drug and alcohol free housing

Native preference for:

- Life Builders Young Adult Transitional Housing
 - o Ages 18-24
 - For young adults ready to move toward self-sufficiency
 - Skill Building Program: Education, employment, money management, social skills, nutrition and cooking, emotional support, life skills
- Low Income and Fixed Income Housing
- Mortgage Loans
- Senior and Disabled Housing

Native only assistance for:

- Weatherization Renovation
- Rental Assistance Vouchers
- Student Rental Assistance

Kodiak Women's Resource & Crisis Center

422 Hillside Drive

Website: www.kwrcc.org
Email: contact@kwrcc.org

- Domestic Violence and Sexual Assault Shelter
- Serves Women, Children, and Men

Services:

- Counseling, Support, and Assistance (Children, Education, Employment, Faith/Spiritual, Financial, Food & Clothing, Health, Housing & Utilities, and Legal
- Free assistance with protective orders, custody, divorce, dissolution, child support, victim's compensation & more.

Support Groups and Programs:

- Immigrant Women's Project Culturally appropriate Education, Self-Esteem building, Support, and Prevention
 - ALMA (Association of Latin Women in Alaska
 - AIJP (Alaska Immigration Justice Project)
 - Soluciones
 - FMSP (Filipino Magkaisa Sa Pagsulong/ Filipino Unite for Progress)
- Native Women's Project
 - KANA (Kodiak Area Native Association)
 - Sun'aq Tribe of Kodiak
 - Native Women's Advisory Council

State of Alaska-Division of Public Assistance (See Listing Under Social Services)

Sun'aq Tribe of Kodiak – Main Office

312 West Marine Way Website: www.sunaq.org

Contact... (907) 486-4449 Fax..... (907) 486-3361

 Housing Advocate to assist Sun'aq Tribal Members with applying for programs available through Kodiak Island Housing Authority.

The Salvation Army Transitional Housing

1855 Mission Road

Website: http://kodiak.salvationarmy.org/
Contact......(907) 486-8740
Fax......(907) 486-2978

- Transitional housing for adult males who have completed residential substance abuse treatment programs, or those who need time to transition into permanent housing.
- Short term medical transitional living.
- The monthly fee for transitional housing is based in income
- Intake is by referral only Hours: Mon Thurs

LEGAL ASSISTANCE

Alaska Court Services

600 Barrow Street #100 Anchorage, AK 99501

Website: www.alaska-court.com

Contact..... (907) 258-3211

Services offered:

 Service of Process, Bank Sweeps, Social Security Searches, Public Records Retrieval, Permanent Fund Dividend Execution, Address Searches

Alaska Immigration Justice Project (AIJP)

Website: www.akijp.org
431 West 7th Avenue, Suite 208
Anchorage, AK 99501

Contact..... (907) 279-2457

- Providing low-cost immigration legal services to immigrants in all immigration applications, including citizenship applications, permanent resident status, work permits, family petitions, and petitions for domestic violence victims.
- Providing translation/interpretation services.

Alaska Immigration Law Center (AILC)

821 N. Street #101

Anchorage, AK 99503

Website: https://visamerica.com/

Contact......(907) 562-4000 Fax.....(907) 562-4004

Email: alaskaimmigrationlawcenter@gmail.com

- Hours: By Appointment Only
- Providing services statewide

Services Offered:

- Employer based immigration
- Family based immigration
- Citizenship
- VISAs (Marriage and Fiancé)
- Criminal Defense and Cases
- Criminal Cases

Alaska Legal Services Corp

Statewide Telephone Intake: 888-478-2572 Apply online (Statewide): https://www.alsc-law.org/apply-for-services/

 Serving Alaskans with the greatest social and economic need: Domestic violence victims, individuals with disabilities, and people residing in rural areas with limited access to legal counsel. The statewide application options can be used by anyone, anywhere in the state; once info is received and entered into our electronic case management system, it is routed to the closest local office.

Kodiak Office

518 W Marine Way, Suite 206 Kodiak, AK 99615 or P.O. Box 8354 Contact......(907) 512-0499 Email: kodiak@alsc-law.org

Alaska Legal Services Corp – Partnership at **KANA**

2414 Mill Bay Road Kodiak, AK 99615

Contact...... (888) 478-2572

- Able to help Alaska Natives and American Indians
- Provide free civil legal services to qualifying patients by addressing health harming legal needs

Consumer Direct Personal Care

1941 Mill Bay Road # B

Website: www.consumerdirectak.com Contact......(907) 481-3070 Fax.....(907) 481-3071

- Free Notary Services for Medical Power of Attorney (POA) and Advanced Directives
- Limited Medical POA Consumer Direct Customers only
- Durable POA won't advise, but will notarize

Disability Law Center of Alaska

3330 Arctic Boulevard, Suite 103

Anchorage, AK 99503

Website: http://www.dlcak.org

Email: akpa@dlcak.org

Contact...... 1(800) 478-1234

Hours: 8am – 4:30pm

Independent, nonprofit law firm providing legal advocacy for people with disabilities in Alaska.

Alaska Court System - Kodiak Court House

204 Mission Road, Room 124

Contact......(907) 486-1600 Jury Recording...... (907) 486-1601

Website: www.courts.alaska.gov

- Hours: Mon Thurs 8am 4:30pm, Fri 8am Noon
- Superior Court
- Court records

Note: Clerks office closed Wed, between 8am and 9am for staff meeting

Alaska Division of Juvenile Justice

204 Mission Road, Room 131

Website:

http://dhss.alaska.gov/djj/Pages/Probation/div ersion.aspx

Contact...... (907) 465-2212

- Restorative Justice Helping juveniles and their families restore their lives.
- Kodiak Officer: Tim Luther
- Assisting minors up to age 19
- Helps juvenile offenders
- Hours: On-call 24 hours a day

Family Law Self-Help Center

https://courts.alaska.gov/shc/family/selfhelp.ht

Contact......(907) 264-0851

Sun'aq Tribe of Kodiak - Main Office

(See Listing Under Employment & Training Services)

OTHER

Alaska 211 HELP

PO Box 200108

Anchorage, AK 99520

Website: www.alaska211.org

Contact...... 2-1-1 Contact...... 1(800) 478-2221

Email: alaska211@ak.org

• One-stop resource for connecting with a wide variety of vital resources in your community

Alaska Immigration Justice Project & Law Center

(See Listing Under Legal Assistance)

American Red Cross

610 Mill Bay Road

Website: www.redcross.org

Contact...... (907) 486-4040

- Disaster relief
- CPR classes
- **Babysitter Courses**
- Contact & Locate family

Bayside Volunteer Fire Department

4606 East Rezanof Drive

Website:

Website:

https://www.kodiakak.us/111/Bayside-Fire-

Department

Facebook: BaysideVFD

Contact..... (907) 486-4536

- Fire and Emergency Medical Services related training
- Free monthly training covering a variety of topics related to safety
- 1st Sat of the month at 10am
- Volunteer opportunities

U.S. Citizenship and Immigration Services – Anchorage Office

620 East 10th Avenue, Suite 102 Anchorage, AK 99501

Contact...... 1(800) 375-5283

• Hours: Mon. – Fri. 8am - Noon

KMXT

620 Egan Way

Website: www.kmxt.org

Contact...... (907) 486-3181 Fax...... (907) 486-2733

- Hours: Mon. Fri. 8am 6pm
- Local public news and broadcasting station
 - Live listening of local government meetings
- Free public service announcements for Non-Profits

Kodiak Daily Mirror

1419 Selig Street

Email: info@kodiakdailymirror.com

- Hours: Mon. Fri. 8:30am 4:30pm
- Kodiak's local newspaper

Oceans United

3416 Woodland Drive

Contact...... (907) 486-3894

Anchor Youth

- For students grade 6-12
- Fun, interactive, nationally recognized mentoring program
- Wednesdays: 6pm-8pm

The Language Interpreter Center Alaska Immigration Justice Project (AIJP)

431 West 7th Avenue, Suite 208 Anchorage, AK 99501

Website: www.akijp.org/language-interpreter-center

Contact..... (907) 279-2450

- Linking and providing qualified language interpreters to customers and organizations alike in order to assist Alaskans with limited English proficiency.
- Offers training and certifications to develop and maintain language interpreters/translators.

The Latin Association of Women in Alaska (ALMA)

PO Box 535

Contact..... (907) 942-2479

Email: ALMAinKodiak@hotmail.com

- Activities to encourage and help Hispanic women to develop their skills and families
- Monthly meetings

- Fundraising Activities
- Offers scholarships for students attending school within Alaska
- Summer internship program
 - o Youth ages 13 -15

St. Mary's Marian Center

2932 Mill Bay Road

Contact...... (907) 486-3513

• Open to public, rental facility

PARENTING SUPPORT

Bayside Volunteer Fire Department

4606 Rezanof Drive East

Website:

https://www.kodiakak.us/111/Bayside-Fire-Department

Contact..... (907) 486-4536

- Main contact Interim Chief Bruce McNeil
- Car seats available donation requested
- Car seat checks and installation.

KANA Infant Learning Program (ILP)

(See Listing Under Children's Services)

Kodiak Crisis Pregnancy Center

311 Center Avenue, Suite 211

Website: www.kodiakpregnancyhelp.org Contact.....(907) 539-2229

- Offering information on adoption, parenting education, child and prenatal development and childbirth info.
- Offering free supplemental baby food and emergency formula.

- Free maternity and baby clothing.
- Referrals to other resources, advocacy, peer counseling, free baby furniture and items, diapers.
- Hours by appointment only

Kodiak Birth and Wellness, LLC

(See Listing Under Healthcare Services)

Kodiak KINDNESS

(See listing under

MOPS-Mothers of Preschoolers

(See Listing Under Children's Services)

PREVENTION AND SUBSTANCE ABUSE SUPPORT

Careline Crisis Intervention

Website: www.carelinealaska.com

Alaska Contact...... 1 (877) 266-4357

National Suicide Prevention Lifeline.....

1(800) 273-8255

 Contact if in a crisis, a survivor, grieving, concerned about someone, or need to talk to someone

KANA Tobacco Prevention and Education Program

3449 Rezanof Drive East

Contact..... (907) 486-9800

 Providing education, prevention and policy development assistance concerning all aspects of Tobacco use.

- Referral system to Alaska's Free Tobacco
 Quitline 1-800-784-8669
- Referral to the Substance Abuse Program within KANA for those seeking help to quit using Tobacco products.
- Open to Native and Non-Natives.

Kodiak Area Mentor Program Inc. (K.A.M.P)

412 Marine Way – Above AT&T

Contact..... (907) 486-2919

Website: www.kodiakareamentorprogram.org

- Office Hours by Appointment Only
- Formalize mentorship program under the guidance of Alaska Correction Ministries.
- Helping individuals who have been or are currently involved in the criminal justice system.
- "Breaking the Cycle, Giving Hope to the Hopeless".

The Salvation Army

1855 Mission Road

Contact...... (907) 486-8740 Fax..... (907) 486-2978

- Family Services
- Furniture (depending on availability)
- Food Resources
- Family Counseling
- Substance Recovery
- Disaster Relief Program
- Missing Persons
- AA and NA Programs Weekly

Substance Abuse and Mental Health Services Administration

Website: www.samhsa.gov

National Helpline...... 1(800)662-4357

Individuals and families facing mental and/or substance use disorders

Veterans Crisis Line

(See Listing Under Veteran Information)

SOCIAL SERVICES

Kodiak Area Native Association (KANA) – Community Services

Mailing: 3449 Rezanof Drive East

Physical: 194 Alimaq Drive

Contact...... (907) 486-9879 Fax...... (907) 486-4829

 Assisting individuals, families, and communities with the support(s) needed to achieve self-sufficiency

Services Available:

- Tribal Temporary Assistance for Needy Families (TANF)
- Child Care Assistance
- Employment and Training
- Education Assistance
- Tribal Vocational Rehabilitation
- Tribal Operations (Akhiok, Kaguyak, & Tangirnaq)
- Environmental Services

Social Security - Anchorage Office

(See Listing Under Disability Service Providers)

State of Alaska Division of Public Assistance

211 Mission Road, Suite 201

Contact...... 1 (888) 876-2477

Website: www.dhss.alaska.gov/dpa/

Alaska Temporary Assistance Program

 Provides cash assistance and work services to low income families with children to help reach self-sufficiency.

Heating Assistance Program

 Assists Alaskan households with a portion of home heating expenses

General Relief Assistance

Contact...... 1 (800) 478-7778

 Designed to meet the basic needs in emergency situations to include; shelter, utilities, food, and clothing.

Sun'aq Tribe of Kodiak

312 W Marine Way

Website: www.sunaq.org

Contact..... (907) 486-4449

Victim Services

- Support system for teens 15-17 years old suffering from abuse at home
- Provide support for LGBTQ & Two-Spirit for both youth and adults

TRANSPORTATION

KANA Van

Contact..... (907) 486-9870

- Serves KANA patients with appointments
- Hours: Mon Fri 8am 4:30pm
- Priority of transportation services: Medical, Behavioral Health and Community Services

Kodiak Area Transit System (KATS)

2014 Mill Bay Road

Website: www.katsbus.org

Contact..... (907) 486-8308

- Dial-A-Ride Service Hours
 Mon-Fri 6:30am-6:30pm, Sat-Sun 10am-3pm
- Cost to ride is \$2.00 each way
- Scheduled service to medical appointments, work, shopping, and other activities
- Due to limited capacity, it is recommended you schedule your ride at least two business days before you want to ride.

Alaska Marine Highway System – Alaska State Ferry

(See Listing Under Veteran Information)

VETERAN INFORMATION

24/7 Support Services Veterans Crisis Line

Contact...... 1(800) 273-8255 Press #1 or text 838255

• Help for veterans and their families

VA Combat Call Center

Contact...... 1(877)927-8387

 Can speak about their military experience or issues with readjusting to civilian life

National Call Center for Homeless Veterans

 For veterans who are homeless or at risk of being homeless

Veterans Options for Independence, Choice and Empowerment (VOICE)

Independent Living Center 211 Mission Rd Suite 223

Open Mon - Fri 9 am - 4 pm Website: www.peninsulailc.org

Contact......(907)486-0493 Fax.....(907)486-0409

Sarah Sterns: VOICE Advocate and Support

Email: ssterns@peninsulailc.org

- Partnering with Alaska VA to keep Veterans in their homes
- Veteran Directed Care program that enables eligible Veterans to direct their own care

Alaska Marine Highway System – Alaska State Ferry

Kodiak Terminal Contact....... (907) 486-3800 Reservations/Customer Service: (907) 465-3941

Website: http://dot.alaska.gov/amhs/ Email: dot.amhs.customer@alaska.gov

Disabled Veterans Ferry Pass

- Must have service-connected disability
- Pass entitles veteran and an attendant (if required by physician) to a reduced fare

Alaska Department of Natural Resources

550 West 7th Avenue, Suite 1360 Anchorage, AK 99501 Website:

http://dnr.alaska.gov/parks/asp/vetpass.htm Contact.....(907) 269-8400

Alaska State Park Camping Pass

Receive 1 Camping Pass for free, good for 2 years

- Apply in person at Anchorage, Fairbanks, or Kenai
- Call to inquire about required paperwork

Land Discount

- 25% discount on the purchase price of state residential/recreational land
- May only be used once in the veteran's lifetime

Alaska Department of Fish and Game

Website:

http://www.adfg.alaska.gov/index.cfm?adfg=lic
ense.military#disabled vet

Contact......(907)465-2376

Email: adfg.license@alaska.gov

Disabled Veteran Hunting and Fishing License

- Apply online
- Disability rating of 50% or higher from VA

The American Legion

318 Center Avenue

Website: www.legion.org

Contact..... (907) 486-3258

 Assistance with VA claims, assistance in finding employment, support for current members of the military, financial advice, and Social Security assistance

Department of Motor Vehicles

2921 Mill Bay Road

Contact......(907)486-4612

Disabled Veteran Plates

- Disability rating of 50% of higher from VA
- With or without wheelchair logo parking privileges
- Plates are free

Veteran Plates

Proof of service

Independent Living Center <u>Veterans Options for Independence, Choice</u> <u>and Empowerment (VOICE)</u>

(See Listing Under Disability Service Providers)

KANA Mill Bay Health Center Veterans Services

2414 Mill Bay Road

Contact......(907) 486-7300 Fax.....(907) 486-7301

- Hours: Mon Fri 8am 6pm and Sat 10am to 5pm
- Services available to all veterans living in the Koniag region:
 - Medical Care
 - Dental Care
 - Specialty Clinic access
 - Behavioral Health services
 - Access to KANA gym

Kodiak Island Borough - Property Tax Exemptions for Disabled Veterans

710 Mill Bay Road

Contact......(907)486-9324 Website: www.kodiakak.us/503/Disabled-

<u>Veteran-Property-Tax-Exemption</u>

- Exempt from taxation on the first \$150,000 of the assessed value of the real property
- Disability rating of 50% of higher from VA

Veterans of Foreign Wars – VFW Post 7056 Robert Lee Spencer Memorial Post

PO Box 404

Website: www.vfw.org

Contact...... (907) 486-3195
 Meeting Location: 8625 Monashka Road

- ivideding Location. 8025 Monashka
- 7pm 2nd Tues of month
- Post contains: Club room and Voice of Democracy

WELLNESS SERVICES

100th Monkey Yoga Studio

1929 Mission Road

Contact...... (907) 654-4409

Website: www.kodiakmonkey.com Email: kodiakmonkey@gmail.com

Offers Yoga and Pilates

A Balanced Approach

Physical: 3833 Rezanof Drive East

Mailing: PO Box 8502

Website: www.abakodiak.com Email: info@abakodiak.com

Contact...... (907) 512-0860

 Offers Various Weight-Training & Cardio Classes, Indoor Cycling, TRX, Kickboxing, Pilates, Yoga, Piyo, Bootcamp, Circuit, HIIT & personal training services

Archipelago Gym

Classes:

- Crossfit
- Toddler tumbling
- Gymnastics

Crossfit Kodiak Island

170 Von Scheele Way

Contact...... (907) 512-2005

- Personal training in group setting
- Facilities membership
- Private training
- Youth classes

KANA Wellness Center

Physical: 3400 Rezanof Drive East

Contact...... (907) 486-1377

- Hours:
 - Mon Fri 5:30AM to 8:00PM
 - Sat Sun 8:00AM to 2:00PM
- Open to KANA Beneficiaries, Veterans, and KANA Employees
- Group fitness classes
- Supervised exercise plans
 - o Medical referral only
 - Maximum of 14 weeks

Last Set Gym

4701 E. Rezanof Drive (across from Bayside FD) Contact......(907) 942-1934

- 24-hour gym for members
- Specializing in powerlifting
- New members by appointment only

North Sister Yoga and Ayurveda

3528 Harlequin Court

Email: daynabrockman@gmail.com

Contact...... (907) 512-7974

Owner/Operator: Dayna Brockman

- Doula Services
- Certified Yoga instructor
- Ayurvedic practitioner