# KODIAK COMMUNITY RESOURCE LIST



## **Kodiak Area Native Association (KANA)**

Website: www.kodiakhealthcare.org

Mailing/Main office: 3449 Rezanof Dr. East

Main number: (907) 486-9800

Near Island office: 194 Alimaq Drive Community Services: (907) 486-9879

Mill Bay Clinic: 2414 Mill Bay Rd. Mill Bay Clinic: (907 486-9800

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This is a dynamic document: Names, positions, and program information are subject to change. Please send updates and report omissions to: <a href="mailto:ETSS@kodiakhealthcare.org">ETSS@kodiakhealthcare.org</a> or call 907.486.9879.

Last updated: February 2022 KY

## **AGING ADULTS SERVICES**

# Adult Protective Services – State of Alaska Senior and Disabilities Services

1835 Bragaw Street, Suite 350 Anchorage, AK 99508

Website:

http://dhss.alaska.gov/dsds/Pages/aps/default.aspx

Contact (in-state only) ......1(800) 478-9996 Contact ......(907) 269-3666

- Adult Protective Services
- General Relief Assisted Living (Medicare required)
- Personal Care Attendants
- Personal Care Provider certification
- Choice Waiver
- Plan of Care
- Children with Critical Medical Conditions (CCMC)
- Alaskans Living Independently (ALI)
- Alaskans with Physical and Mental Disabilities (APDD)
- Qualification Services

#### **KANA Elder Services**

(See Additional Listing Under Food Assistance)
Contact.....(907) 486-1362

Email: Emily.Etter@kodiakhealthcare.org

- Nutritional and other limited support to those age 55+ in the villages of Akhiok, Karluk, Larsen Bay, Old Harbor, Ouzinkie and Port Lions
- Title VI Meal Service

 Support and chore services may be available for Elders, depending on funding and staff availability

## **Sun Rise Assisted Living**

309 Erskine Ave

Contact......(907) 539-8827

Email: andrea.abena67@yahoo.com

- Medicaid & Insurance Accepted
- Housing Vouchers Accepted
- Private Pay Accepted
- Independent and Assisted Living
- All Ages Accepted
- Pets on approval

## **Kodiak Island Housing Authority**

(See Listing Under Housing & Shelter Assistance)

#### **Emerald Heights Apartments**

182 Alimaq Drive – Near Island

Contact......(907) 486-0231

- Housing Suites for ages 55+
- Mail delivery available
- Ample parking
- Meals on wheels
- Community Activity Room

## **Heritage Heights**

514 Mill Bay Road

Applications......(907) 486-8111 Contact (12pm – 4pm) ......(907) 486-2071

- Independent Senior Living
- Native Preference
- Assistance with:
  - Daily living activities
  - Light housekeeping
  - Laundry & Transportation services
  - Meal preparation and delivery

# Senior Benefits – State of Alaska Division of Public Assistance

855 West Commercial Drive

Wasilla, AK 99654

Hours: 8:00am – 5:00pm

Email: hss.dpa.offices@alaska.gov

Website:

http://dhss.alaska.gov/dpa/Pages/seniorbenefit s/default.aspx

- Age 65 or older
- Live in Alaska voluntarily and intend to make Alaska your home
- Income under the limits for senior benefits

#### Senior Citizens of Kodiak, Inc.

302 Erskine Avenue

Website: www.kodiakseniorcenter.org

### **Kodiak Senior Center**

Email: <a href="mailto:seniorsofkodiak@gmail.com">seniorsofkodiak@gmail.com</a> Hours: Mon – Fri, 8:30am – 5pm

• Supportive services for individuals age 60 and over

- Information & referral including benefits, housing, Medicare, etc.
- Activities, exercise & special events
- Congregate meals 5 days a week
- Home delivered meals 7 days a week
- Transportation through KATS
- Medical equipment loans
- Medical Power of Attorney and Advanced Directives paperwork available at Senior Center

#### Family Caregiver Support Program

- Serving people 60 and older and their families no matter where the senior lives
- Family support group every third Thursday
- Respite
- Lifeline services
- Training
- Lending Library

## **Island Cove Adult Day Program**

Hours: Mon - Fri, 8am - 5pm, Sat - Sun 9:30am - 3pm

Website:

https://kodiakseniorcenter.org/island-cove-adult-day-program/

 An active and safe environment for seniors and those with dementia, traumatic brain injury and other disabilities

### Senior in Home Services

- For people 60 and older
- Chore services self pay and sliding fee
- Congregate Meals and Meals on Wheels (home delivery)
- Partner with Kodiak Area Transit System

## **Additional Online Resources to Consider:**

• Legal Resources for Seniors

www.justgreatlawyers.com/legal-resourcesconsiderations-seniors-special-needs

Making the Move to Assisted Living

www.homecity.com/making-the-move-to-assisted-living

## **CHILDREN'S SERVICES**

### **KANA Child Care Assistance Program**

- Serving Alaska Native and American Indian Children
- Childcare cost reimbursement program

### **KANA Infant Learning Program (ILP)**

Kodiak CAC Building
Contact......(907) 486-1366
Fax.....(907) 486-1345

- Assistance to <u>ANY</u> family whose infant or toddler is at risk for developmental delay or has been identified with special needs.
- Developmental screenings and evaluations for children birth to age three.
- The Ages & Stages Questionnaires for families who want to monitor and learn about their child's growth and development.
- Assistance to parents interested in learning ways to play with their young child to encourage learning and development.
- Toddler group offered to families with children enrolled in ASQ/ILP.

# KANA Kodiak Child Advocacy Center (CAC) Contact......(907) 486-1378

Specialized facility in which a multidisciplinary team of representatives from many agencies work together to conduct interviews, provide medical care and make team decisions about the investigation, treatment, management and advocacy of child maltreatment cases.

#### **KANA Prevention Services**

Contact......(907) 486-7388 Email: Prevention@kodiakhealthcare.org

- Two summer programs that are free and open to all youth in the community.
- Registration is required to participate, and parents can contact the KANA Prevention team

## **Activity Afternoons**

- A general activity program held every Monday and Friday at Baranof Park
- Hours: 1:00p to 3:00p
- Open to kids in 1<sup>st</sup> grade and up

## **Explore the Rock**

- Designed for kids entering middle school and above
- Involves going on nature walks
  - Every Tuesday from 10am to 2pm
- High intensity hike
  - Ever Thursday from 10am to 3:30pm.

### **Kodiak Baptist Mission (KBM)**

1944 East Rezanof Drive

Website: <u>www.kodiakbaptistmission.org</u> Contact......(907) 486-4126 Fax.....(907) 486-5567

#### Sonshine Christian Preschool and Daycare

- Hours: Mon Fri, 7:30am to 5:30pm
- Year round service provided
- Ages 3-5
- Monthly Enrollment during school year
- Scholarships Available

## After School Recreation for Kids (ARK)

- Hours: Mon Fri, after school and "inservice" days
- After school pick-ups are available from <u>ALL</u> elementary schools and Kodiak Middle School
- Services during the school year
- Grades: K age 12
- Scholarships Available

## **Island Summer Adventures Day Camp**

- Hours: Mon Fri, 7:30am 5:30pm
- Services all summer
- Children entering Grades Pre-K age 12
- Weekly Enrollment Price
- Scholarships Available
- Specialty camps for horsemanship and kayaking

#### **Kodiak Christian School**

3300 E. Rezanof Drive

- Preschool through eighth grade
- Christ-centered educational program
- Adopts the historic Christian view of life as presented in the Bible.
   "All truth is God's truth and must be integrated into school life".

#### **Kodiak Crisis Pregnancy Center**

(See Listing Under Parenting Support)

## **Kodiak Public Library**

612 Egan Way

Contact......(907) 486-8686

### Lap Sit Story Time

- Every Wed 10:30am 11am
- Ages 0-36 months old
- Enjoy age-appropriate stories and songs as you bond with your child

### Lego Time

Every Wed 3:00pm

#### Family Discover Story Time

- Every Thurs 11am 11:30am
- Ages 4-5 years old
- Story and craft or activity

### **Friday Movie**

• Early out activity – 3:00pm

#### Resources:

- Books
- Copying and Scanning
- Homework Assistance
- Computer Access
- Study rooms
- Meeting space

# **KIBSD Special Services for Developmental Screenings**

(See Listing Under Educational Resources)

### **KIBSD Early Childhood Services**

(See Listing Under Educational Resources)

#### **Kodiak KINDNESS**

(See listing under Healthcare Services)

# **Kodiak National Wildlife Refuge Visitor Center**

402 Center Street

Contact..... (907) 487-2626

Facebook: Kodiak National Wildlife Refuge

Website: www.fws.gov

## **Scavenger Hunts**

• Wildlife and Nature themed within exhibits

## Junior Ranger Program

- Activity booklet
- Scavenger hunts
- Community education
- Native mammal information
- Conservation information
- Completion earns Junior Ranger Patch
- Activities and updates Facebook page

# Salmon Camp (June – August)

- Educate youth about Kodiak's natural and cultural systems
- Scholarships available
- Grades K − 8

### **FUN Program**

- Winter schedule: Wed 10:30am 11:15am
- Summer schedule: Tues 10:30am 11:15am
- Ages 3-5 years old
- Stories, songs, puppets, and crafts

#### Wild Program

- Ages 6+
- Drop off allowed

## **Happy Trails**

 Dates and Times (including weekends) found on Facebook page

#### The LeeShore Center – State of Alaska

325 S. Spruce St., Kenai, AK 99611

Website: <a href="https://www.leeshoreak.org">www.leeshoreak.org</a>
Contact......(907) 283-9479

Fax.....(907) 283-4681

#### Child Care Assistance Program

Hours: Mon - Fri, 8am to 5pm

- Assisting Natives & non-Natives
- Childcare Assistance forms for families and providers available on website

### MOPS-Mothers of Preschoolers (Sept – May)

416 Island Lake Road, Kodiak Bible Chapel Hours: 1<sup>st</sup> and 3<sup>rd</sup> Tues from 9:30am to 11:30am Website:

www.facebook.com/groups/223626757693986

Contact ...... (907) 486-5219

- Program designed to encourage and support any mother with children ages birth to 5.
- Meetings consist of encouraging words from mentor moms and or special speakers, crafts, food and fellowship.
- Childcare provided through MOPS KIDS program

## Office of Children's Services - Kodiak

316 Mission Road, Suite 215

Website: <u>www.dhss.alaska.gov/ocs</u> Contact .......(907) 486-6174

Fax.....(907) 486-4107

- Child Abuse and Neglect Services
- Foster Care

# River of Life Christian Fellowship Daycare Center

2050 Selief Lane

Email:

 $\underline{\underline{river of life christian fellowship day carecenter @ala}}$ 

ska.net

Open Mon-Fri

Daycare hours: 7:30 AM-5:30 PM

Accepts Ages: 0-12 years

#### **Rural CAP**

419 Hillside Drive

Website: www.ruralcap.org

# **Kodiak Head Start Preschool**

Contact......(907) 486-4913 Fax.....(907) 486-6150

Email: Kodiak@ruralcap.com

- Free preschool educational services
- Assisting all low income families
- Ages 3 to 5

### Parents as Teachers

Contact (Heather Foxworthy)..... (907) 539-5443 Email......hfoxworthy@ruralcap.com

- Located inside the Head Start building
- Providing information, support, and encouragement parents need to help their children to develop optimally during the

- crucial early years of life through free personal visits, group socials, screenings, and resource referrals.
- Providing "What You Do Matters" six-week parenting groups to both the community as a whole and individual organizations.

### St. Mary's School

2932 Mill Bay Road

 $Website: \underline{www.smskodiak.org} \\$ 

Contact...... (907) 486-3513 Fax ...... (907) 486-3117

Email: tschneider@smskodiak.org

- Hours: Mon-Fri; 8am 4pm
- Preschool ages 3-4 and Kindergarten
- Extended hours for attendees until 4pm or as prearranged with faculty.

#### St. Paul's Preschool

3077 East Rezanof Drive (Bottom of Spring Hill Hall)

Website: <a href="https://www.stpaulpreschoolkodiak.org">www.stpaulpreschoolkodiak.org</a>
Facebook: St Paul Lutheran Preschool

Contact......(907) 486-5317 Fax.....(907) 486-6840

• Open Mon – Fri

## **Summer Hours:**

• Daycare hours: 7:30am – 5:30pm

## **Winter Hours:**

Daycare Hours: 7:00am to 5:30pm

- Morning Preschool
  - 2 to 3-year old program: 8:30am to 11:30am
  - 4 to 5-year old program: 8:45am to 11:45am

• Afternoon Care – Preschool

o Hours: 11:30pm to 5:30pm

o Ages 2 to 5

After School Care

o Hours: 2:00p to 5:30p

○ Ages K – 8

## Sun'aq Tribe of Kodiak - Social Services Office

312 Marine Way

Website: www.sunaq.org

Contact... (907) 486-4449

#### Child Care Assistance

• Sun'aq tribal members only

## **Indian Child Welfare Act (ICWA)**

• Sun'aq tribal members only

### Johnson O'Malley

 Alaska Natives and American Indians age 3 to those completing high school and living within the Sun'aq's service area may utilize funding for a variety of education, cultural, or life skills enhancement.

### United States Coast Guard – Base Kodiak

Contact......(907) 487-5444

#### **Child Development Center**

Building N-41

Contact...... (907) 487-5481

- Mon Fri (Closed federal holidays)
- Serving ages 6 weeks 12 years
- Accredited by the National Association for the Education of Young Children
- Priority enrollment to USCG personnel and other federal employees

# **Child Development Services**

Building N-27 (5<sup>th</sup> Floor of Commissary) Contact...... (907) 487-5525 ext.0

- Family Child Care Certification for Coast Guard Housing
- Red Cross Babysitter's Training for military youth
- Connecting military families to youth services in Kodiak

## **CLOTHING**

# **Kodiak Area Native Association** *Family Services*

Contact...... (907) 486-9882

- Drop off Diaper Drive
- Assisting low income families
- Works with KWRCC and Kodiak Crisis Pregnancy

## **Kodiak Crisis Pregnancy Center**

(See Listing Under Children's Services)

#### Kodiak Women's Resource & Crisis Center

(See Listing Under Housing and Shelter Assistance)

## **The Salvation Army Thrift Store**

1855 Mission Road

Website:

https://kodiak.salvationarmy.org/kodiak\_corps/
thrift-store-1

Contact......(907) 486-8530 Fax.....(907) 486-2978

- Hours: Tues Sat, 10am 4:30pm
- Donations also accepted at this location

### St. Mary's Thrift Store

2918 Mill Bay Road

Website: www.stmaryskodiak.org

Contact......(907) 486-5408

Hours: Thurs – Sat 10am – 4pm

#### **DISABILITY SERVICE PROVIDERS**

### **Social Security – Anchorage Office**

222 West 8<sup>th</sup> Avenue, Room A11

Anchorage, AK 99513

Contact...... 1(866) 772-3081

- Providing assistance with disability and retirement applications
- Applying for Social Security cards

## **Alyeska Vocational Services**

2221 E. Northern Lights Boulevard, Suite 108 Anchorage AK, 99508

Website: www.wvs.org
Email: navigator@wvs.org

Contact......(907) 562-7019 Fax.....(907) 344-7284

 Providing a range of resources and services to deaf and hard of hearing Alaskans to improve long-term employment and housing options

# **ATLA (Assistive Technology of Alaska)**

1500 W 33<sup>rd</sup> Ave, Suite 120

Anchorage, AK 99503 Website: www.atlaak.org

Email: atla@atlaak.org

 Fax.....(907) 563-0699

- Assisting with blind/low vision, communication, deaf/hard of hearing, environmental controls, and learning barriers.
- Assisting any age, living in Alaska, and needing assistive technology

## **Independent Living Center**

211 Mission Road, Suite 206 & 208

Website: www.peninsulailc.org

Fax.....(907) 486-0409

Beverly Cole: Independent Living Advocate

Contact...... (907) 486-0493

Email: bcole@peninsulailc.org

Betty Mac Tavish: Kodiak DDRC Coordinator

Email: bmactavish@peninsulailc.org

### Aging and Disability Resource Center (ADRC)

Valerie Rosin: ADRC Advocate

Contact.....(907)-262-6328

Email: vrosin@peninsulailc.org

- Eligibility and pre-screenings for Medicaid waivers
- Information and Referral services

# <u>Short Term Assistance and Referral Program</u> (STAR)

Contact..... (907) 486-0491

 Assistance in accessing resources for individuals with intellectual and developmental disabilities

## <u>Veterans Options for Independence, Choice</u> and Empowerment (VOICE)

Contact	(907) 486-0493
Fax	(907) 486-0409

 Veteran-Directed Home and Community Based Services Program (VD-HCBS)

#### **KANA Tribal Vocational Rehabilitation**

Physical: 194 Alimaq Drive

Mailing: 3449 Rezanof Drive East Email: TVR@kodiakhealthcare.org

Contact......(907) 486-1361 Fax.....(907) 486-4829

- Assisting Native individuals with disabilities/barriers to employment
- Employment counseling and guidance
- · Job development and job skills training
- Vocational training and education

# Division of Vocational Rehabilitation- State of Alaska Department of Public Assistance

1016 W 6<sup>th</sup>, Suite 403 Anchorage, AK 99501

Contact ...... (907) 269-3580 Toll Free...... (888) 330-6468

Website: www.labor.alaska.gov/dvr/

 Applicants can start an online application at <u>www.labor.alaska.gov/dvr/start-an-application.html</u>

# **DURABLE MEDICAL EQUIPMENT**

## My Med Supplies - Geneva Woods

501 W. International Airport Road, Suite 1A Anchorage, AK 99518

Website: www.mymedsupplies.com

Contact...... (907) 929-4700 Toll Free...... (833) 929-4700 Fax..... (866) 498-9635

- Hours: Mon Fri 8:30am 5:30pm
- Home Medical Equipment and Supplies
- All major insurances accepted, including Medicare, Medicaid and Tricare
- Operations/Complaint Officer: Gabrielle Jones

#### **PROCARE Home Medical**

4215 Credit Union Drive

Anchorage, AK 99513 Website: www.procarehm.com

Contact...... (907) 274-0770 Fax ...... (907) 274-0773

- Home Medical Equipment and Supplies
- Accept most major insurance, including Medicare, Medicaid, and Tricare
- Accepts private pay
- Contracted with Veteran's Affairs

#### Senior Citizens of Kodiak, Inc

(See Listing Under Aging Adult Services)

## **Terra Cupp (Local Resident)**

Contact......(907) 942-5499

- Lending Closet
  - Beds, walkers, crutches, commodes, suction machines, splints, scooters, canes, etc.
  - Adult diapers
  - Call or text if looking for something, as she may have it.

# **EDUCATIONAL RESOURCES**

**KANA EMS Training Courses** 

#### 3449 Rezanof Drive East

Contact...... (907) 486-1377

- Offering EMT-1 (Basic), ETT (Emergency Trauma Technician, BLS (Basic Life Support), CPR, First Aide, Baby Sitter CPR/First Aide, AED, and CPR/AED combo classes
- Call to set up a training course or for more information. Maximum class size is 12 people per instructor

#### **KANA Higher Education Scholarships**

Physical: 194 Alimaq Drive

Contact......(907) 486-9879

- Financial aid for Akhiok, Kaguyak, and Port Lions tribal members
- Financial aid also for
  - GED/Adult Basic Education
- General Higher
   Education/Vocational Assistance
   Contact......(907) 486-1358

• Financial aid for Tangirnag Tribal members

## **KANA Infant Learning Program (ILP)**

(See Listing Under Children's Services)

# KANA Tobacco Prevention and Control Program

(See Listing Under Prevention Services)

# KANA Women, Infant, and Children (WIC) Program

Contact...... (907) 486-7811 (See Listing under Food Assistance)

**Kodiak College - University of Alaska Anchorage**  117 Benny Benson Drive

Contact......(907) 486-4161

Contact..... (800) 486-7660

Website: www.koc.alaska.edu

### **Adult Basic Education**

Contact......(907) 486-1201

- GED Courses
- English as a Second Language
- Career and College Preparation
- Citizenship courses

### **Learning Center**

Contact...... (907) 486-1203

Offers tutoring

#### Library

Contact......(907) 486-1238

- Mon Thurs 11am 8pm
- Fri 11am 5pm
- Sat Noon 5pm

#### **Student Services**

Contact...... (907) 486-1266 Fax......(907) 486-1264

Admission, registration, financial aid, and academic counseling

## **Kodiak Crisis Pregnancy Center**

(See Listing Under Children's Services)

## **Kodiak Island Borough School District**

722 Mill Bay Road

Contact...... (907) 486-7550 Fax......(907) 481-6255

Website: www.kibsd.org

# Special Services for Developmental Screenings

Contact..... (907) 486 7574

## **Early Childhood Services**

Email: ECS@kibsd.org

Website: https://www.kibsd.org/Domain/684

- Ages 3-5
- Preschool Options

#### **Providence Kodiak Island Medical Center**

1915 East Rezanof Drive

Main Contact...... (907)486-9500

#### **American Heart Association**

Contact..... (907-486-9569

- Basic Life Support (BLS) skills check off
  - Course must be completed online prior to skills check off
  - Available on a scheduled basis

## **Birthing Class**

Contact......(907)486-9569

Website:

https://alaska.providence.org/locations/p/pkim c/maternity

- Classes taught by Providence nurse
- Suggest to start taking classes at or before 20 weeks of pregnancy
- Every Wednesday from 5:30pm 6:45pm
- Classes are free

## Senior Citizens of Kodiak, Inc

(See Listing Under Aging Adult Services)

## Sun'aq Tribe of Kodiak

312 West Marine Way

Website: www.sunaq.org

## **Higher Education**

Contact...... (907) 486-4449 Fax ...... (907) 486-3361

Assisting Sun'aq tribal members only

KANA Tribal Vocational Rehabilitation

(See Listing Under Disability Service Providers)

# State of Alaska Division of Vocational Rehabilitation

(See Listing Under Disability Service Providers)

### **Alyeska Vocational Services**

(See Listing Under Disability Service Providers)

## **EMERGENCY PREPAREDNESS**

## **Kodiak Area Emergency Preparedness Guide**

https://www.city.kodiak.ak.us/sites/default/file s/fileattachments/police/page/319/kodiak\_eme rgency\_preparedness\_flu\_en.pdf

## **Building a 7 Day Emergency Kit**

https://www.ready.alaska.gov/Documents/Alaska%207-day%20Emergency%20Kit.pdf

## **Tsunami Evacuation Maps**

http://ready.alaska.gov/Plans/Mitigation/Tsunamis

## **Earthquake Preparedness Book**

<u>Are You Prepared\_edited-Nov2016-FINAL.pdf</u> (alaska.gov)

#### Make a Plan

https://www.ready.gov/make-a-plan

## **Kodiak Tsunami Inundation Maps**

http://dggs.alaska.gov/pubs/id/29740

# EMPLOYMENT & TRAINING SERVICES

#### **Human Resource Centers of Alaska**

202 Center Street Contact......(907) 486-7614 Fax.....(907) 486-3308

- Hours: Mon Fri, 9am 5pm
- Temporary employment agency
- Licensed security Guard Facility
- Offering Copy, Fax, Internet, and Notary Services

# KANA Employment, Training and Support Services Department

Physical: 194 Alimaq Drive Contact......(907) 486-9879

- Assisting all Alaska Natives and American Indians in Koniag region
- Employment resources (Job search, resume, application, interview preparation)
- Vocational/Technical training: Financial assistance for Alaska Natives and American Indians residing in Akhiok and Port Lions

#### Kodiak Job Center

- Employment resources/Application assistance
- Veterans and rehabilitation services
- Unemployment

#### **Threshold Services**

(See Listing Under Environmental Services)

#### **KANA Tribal Vocational Rehabilitation**

(See Listing Under Disability Service Providers)

## State of Alaska Division of Vocational Rehabilitation

(See Listing Under Disability Service Providers)

### Sun'aq Tribe of Kodiak - Main Office

312 West Marine Way

Website: www.sunaq.org

Contact... (907) 486-4449 Fax..... (907) 486-3361

- Employment and Training
- Roads and Cannery
- Job Placement & Training
- Career Development

## **ENVIRONMENTAL SERVICES**

## **Kodiak Borough Landfill**

1203 Monashka Bay Road Contact......(907) 486-9345 Fax.....(907) 486-2750

- Hours: Mon Sat 10am 4pm
- Accepts: appliances, car batteries, furniture, household trash, tires, used oil, paints, solvents, and cleaning chemicals from residents
- Free Disposal Services for Kodiak road system residents:
  - o Trash up to 260 lbs per day

- Hazmat 40 lbs per month
- Oil 5 gals per month
- Community Clean-Up, 1st Saturday in
- Fee Required Disposal Services residents
  - Refrigerators \$10 each
  - Heavy Metals depends on weight

## Threshold Recycling Services, Inc.

380 Von Scheele Way

Facebook: Threshold Services Inc.

Email: thresholdservicesinc@gmail.com

Contact...... (907) 486-6551

- Hours: Tues Sat 10am 6pm
- Recycling services for residential and business
  - Pick up available for flat fee of \$25 per pick up
- Confidential Shredding (\$.30/lb w/ \$9 min.)
- Rent-A-Bin for Events for free!
  - \*Suggested Donation\*
- Volunteer opportunities

#### **Island Trails Network**

202 Center Street, Suite 205

PO Box 301

Website: <a href="http://www.islandtrails.org/">http://www.islandtrails.org/</a>

Contact......(907) 205-5222

Email: Info@islandtrails.org

Develop, maintain, and promote sustainable trails, waterways, shorelines and access throughout the Kodiak archipelago

#### **Kodiak Soil & Water Conservation District**

301 Research Court Room 245 (touch tank building)

Website:

http://www.kodiaksoilandwater.org/index.php Contact......(907) 486-5574

- Provides education and leadership by coordinating and implementing programs for the conservation, use and sustainable development of soil, water and related resources
- Current projects:
  - Community Garden on Larch Street
  - Fish Passages
  - Invasive species removal

## **KANA Regional Environmental Coordinator** 194 Alimag Drive

Contact......(907)486-1313

- Works closely with Village EPA/IGAP Coordinators and other participating tribes and entities to ensure environmental goals and objectives or the EPA/IGAP grant are met
- Provide resources and technical support to update Integrates Waste Management **Plans**
- Liaison with necessary agencies, outside partners and contractors to facilitate project or program success

## **Kodiak Island Borough - Community Advisory Boards**

**Boards & Commissions:** 

https://www.kodiakak.us/100/Boards-and-Commissions

#### Service Area Boards:

https://www.kodiakak.us/277/Service-Area-Boards Meetings and Agendas:

https://kodiakak.civicweb.net/portal/

Contact...... (907) 486-9300

- Assists in identifying creative and workable solutions to ongoing and emerging issues
- Provides forum for input and recommendations on policy and program direction
- **Advisory Boards:** 
  - Solid Waste Advisory Board
    - Nick Szabo, Chairman
  - Bayview Road Service Area Board
    - Jim Carmichael, Chairman
  - Monashka Bay Road Service Area Board
    - Patrick Joseph O'Donnell, Chairman
  - Fire Protection Area No. 1 Board
    - Aaron Griffin, Chairman
  - Service Area No. 1 Board
    - Scott Arndt, Chairman
  - Women's Bay Service Area Board
    - David G. Conrad, Chairman

## **FOOD ASSISTANCE**

## Food Stamps-State of Alaska Department of **Public Assistance**

211 Mission Road, Suite 101 Website:

www.dhss.alaska.gov/dpa/Pages/fstamps Contact......(800) 478-7778

Assisting all Kodiak Island residents

This is a dynamic document: Names, positions, and program information are subject to change. Please send updates and report omissions to: ETSS@kodiakhealthcare.org or call 907.486.9879.

 Benefit amounts depend upon household size, net income, and location of residence.

## KANA Title VI – Senior Meal Program

Contact	(907)486-1362
Fax	(907) 486-4829

- Serving Native and non-Native seniors aged 55 and up, their spouses, and disabled adults in the villages of Akhiok, Karluk, Larsen Bay, Old Harbor, Ouzinkie, and Port Lions.
- Congregate and home delivered meals are provided in Ouzinkie and Port Lions.
- Quarterly food boxes are provided to Akhiok, Karluk, Larsen Bay and Old Harbor.

# KANA Women, Infants, and Children (WIC) Program

2414 Mill Bay Road

Website:

http://kodiakhealthcare.org/communityservices/cs-families-children/wic/

Contact...... (907) 486-7312 Fax...... (907) 486-1346

- Assisting with supplemental foods
- Growth and development monitoring, diet assessment, and nutrition education services
- Breastfeeding services and support
- Assisting Native and non-Native community members

### **Kodiak Baptist Mission**

1944 E Rezanof Drive

Website: <a href="https://www.kodiakbaptistmission.org">www.kodiakbaptistmission.org</a>
Contact ....... (907) 486-4126

• Hours: Tuesday and Thursday 4pm – 6pm

### **Kodiak Crisis Pregnancy Center**

(See Listing Under Children's Services)

#### **Kodiak Island Borough School District**

722 Mill Bay Road

Website: www.kibsd.org

## **Food Services**

Website: <a href="https://kibsd.org/departments/food-service/">https://kibsd.org/departments/food-service/</a>

- Assisting low income households
- Public Assistance households and Migrant Education Students receive free meals

## The Salvation Army (Food Bank)

1855 Mission Road

Website:

https://kodiak.salvationarmy.org/kodiak\_corps/ Contact.....(907) 486-8740 Fax.....(907) 486-2978

#### Senior Citizens of Kodiak, Inc.

(See Listing Under Aging Adult Services)

## **HEALTHCARE SERVICES**

# Alaska Health Insurance Premium Payment Program (HIPP)

4710 Business Park Boulevard, Suite F24 Anchorage, AK 99503

Contact...... 1(866) 251-4861

Email: CustomerService@MyAKHIPP.com

 To help Medicaid and Denali KidCare recipients with costs associated with health insurance

#### Alivia

Integrated women's health & midwifery		
Contact	(202) 964-0278	
Fax	(855) 794-0985	
Email	<u>info@carealivia.net</u>	

Personalized women's healthcare with Nurse Practitioner and Midwife Alyssa DeConto

- Pregnancy, Birth, and Postpartum care
- Fertility counseling
- Women's Wellness & Holistic Primary Care
  - o Patient centered medical care
  - Integrated approach includes lifestyle, diet, therapies, and traditional allopathic medicine
- Telemedicine
  - All above services can be offered, at least in part, via Telemedicine to any Alaska resident
    - Cash-only service

## **Arctic Physical Therapy Services Inc.**

813 Mill Bay Road

Website: <a href="https://www.arcticphysicaltherapy.com">www.arcticphysicaltherapy.com</a> Contact......(907) 486-4499

## **Orthopedic Services**

- Back, Neck, Shoulder, Arm, Hip, Knee, and Foot/Ankle pain
- Rehabilitation after surgery
- Sacroiliac Joint Dysfunction
- Prenatal & Postpartum Pain
- Custom Orthotic Fittings

## **Neurological Services**

• Functional Mobility Training

- General Strengthening and Conditioning
- Vestibular and Balance Disorders
- Fall Risk Prevention
- Home Safety
- Gait Training

#### **Treatment**

- Therapeutic Exercises
- Work Ergonomics and Posture Retraining
- Manual Therapy
- Modalities to assist with pain reduction, inflammation reduction, edema reduction
- Electrical Stimulation
- Microcurrent e-stim
- Ultrasound
- Cervical and Lumbar Traction

#### **Consumer Direct Personal Care**

1941 Mill Bay Road # B

Website: www.consumerdirectak.com

Contact...... (907) 481-3070 Fax..... (907) 481-3071

- Providing in-home health maintenance support
- Accepts Medicaid, Private Insurance, and Private Pay

## **Hope Community Resources**

917 Mill Bay Road

Website: www.hopealaska.org

Contact...... (907) 486-5011 Fax...... (907) 486-5019

- Mon Fri 8am 5pm
- Providing services and support for individuals and families who experience developmental disabilities

#### **Hospice and Palliative Care of Kodiak**

Providence Kodiak Island Medical Center 1915 E Rezanof Drive, East Room A101 Website:

www.hospiceandpalliativecareofkodiak.org Contact......(907) 512-0600

 "Joining the journey of those facing life threatening illness of loss; meeting needs; reducing fears; offering comfort."

#### **Kodiak Area Native Association**

Contact ..... (907) 486-9800

#### Physical Therapy

Contact..... (907) 486-1397

- Hours: Mon Fri, 8am 4:30pm
- Location: 1247 Mill Bay Road

#### Behavioral Health

Contact...... (907) 486-9812

• Hours: Mon – Fri, 8am – 4:30pm

#### Dental Clinic

Contact..... (907) 486-9850

• Hours: Mon – Fri, 8am – 5pm

## **Medical Clinic**

Contact..... (907) 486-9870

- Hours: Mon Fri, 8am 7pm
- Sat 9am 2pm

## <u>Substance Abuse Services</u>

(See Listing Under Prevention & Substance Abuse Services)

 Sliding Fee Discount Program for eligible patients that covers Medical, Dental and Behavioral Health services

# **Kodiak Community Health Center**

1911 East Rezanof Drive

- Medical Services
- Adult Primary, Pediatric, Chronic Disease Management, Obstetrical (OB)
- Care & Deliveries
- Sliding Fee Discount Program

#### **Kodiak KINDNESS**

1915 East Rezanof Drive

PO Box 8704

Contact......(907) 529-2660

Website: <a href="https://kodiakkindness.org/">https://kodiakkindness.org/</a> Email: <a href="mailto:kodiakkindness@gmail.com">kodiakkindness@gmail.com</a>

Serving any family with a baby under one living in Kodiak

- Free, compassionate, evidence-based support with infant feeding
- Calls and home visits during the first year of life
- Loans hospital grade breast pumps, digital infant scales, and other breastfeeding aids
- Infant nutrition classes
- Support and play groups
- 24-hour support "warm-line" to answer infant feeding questions

## **Kodiak Island Ambulatory Care Clinic**

202 Center Avenue, Suite 102 Website: https://kiacc.com/

This is a dynamic document: Names, positions, and program information are subject to change. Please send updates and report omissions to: ETSS@kodiakhealthcare.org or call 907.486.9879.

- Hours: Mon Fri, 8am 6pm; Sat 9am-1pm
- Assists everyone
- No insurance self-pay option
- Family Medicine, Urgent Care, Walk-in Clinic
- Offers Allergy Shots
- Laboratory Services

#### **Kodiak Public Health Center**

316 Mission Road, Suite 207

Website:

https://dhss.alaska.gov/dph/pages/default.aspx Contact......(907) 486-3319 Fax.....(907) 486-8149

Hours: Mon – Fri, 8am – 4:30pm

#### Kodiak Birth and Wellness, LLC

Licensed birth center & midwifery clinic 211 West Hillcrest Street

Email: info@kodiakbirthandwellness.com

# Comprehensive midwifery care with Midwife Elke Saunders

- Complete prenatal and in-home postpartum care
- Childbirth education
- Breastfeeding support
- Annual exams
- Thyroid & hormone testing
- Natural fertility counseling

### Mill Bay Health Center

2414 Mill Bay Road

Contact......(907) 486-7300 Fax.....(907)486-9808

- Hours: Mon Fri 8am 6pm and Sat 10am
   2pm
- Open to all Kodiak residents
- Services include:
  - Medical, X-Ray, Dental, Behavioral
     Health Consult, Massage Therapy, WIC,
     Income based Legal Services
     (Beneficiaries only)

#### **North Pacific Medical Care**

104 Center Avenue, Suite 100 (located next to the Rookery)

Contact.....(907)486-4183 Fax.....(907)486-4233

- Hours: Mon Fri, 8am 5pm
- Family practice
- Accepts all insurance providers

#### **Providence Kodiak Island Medical Center**

1915 East Rezanof Drive

Website: <u>www.alaska.providence.org</u> Contact......(907) 486-9500 Fax.....(907) 486-9513

## Long-Term Care: Chiniak Bay Elder House

1915 E Rezanof Drive

Contact......(907) 486-7800 Fax.....(907) 486-7801

• 7 days a week, 24-hour elder care

#### Specialty Clinic

Contact......(907) 486-9580

 Pediatrics, urology, allergy, dermatology, podiatry, psychiatry, gynecology, audiology and ear, nose and throat specialists

### **Palliative Care Services**

Website: https://hospice-and-palliative-care-of-kodiak.square.site/

Contact..... (907) 512-0600

• Hours: Mon – Fri, 8:30am – 3:30pm

## **Therapy Services**

Contact...... (907) 486-9515 Fax......(907) 486-9516

- Services available to everyone
- Physical therapy
- Speech and Language
- Occupational Therapy
- Offers Pediatric services

## **Providence Kodiak Island Counseling Center**

717 Rezanof Drive East

Website: www.alaska.providence.org

Contact...... (907) 481-2400 Fax..... (907)481-2419

## Alcohol Safety Action Program (ASAP)

Contact...... (907) 481-2413 Fax..... (907) 481-2420

## <u>Mental Health Clinicians in the Schools</u> Program

Contact: Susan Philo...... (907) 481-2400

- Mental Health Clinician locations:
  - o Kodiak Middle School
  - o Kodiak High School

# **Outreach Programs**

Contact..... (907) 481-2400

<u>Psychiatric Care and Outpatient Mental Health</u> Counseling Services

Contact..... (907) 481-2400

### **Psychiatric Emergency Services**

Contact..... (907) 486-3281 (PKIMC)

## Substance Abuse - Safe Harbor Program

Contact..... (907) 481-2400

## **Urine Analysis and Breathalization Program**

Contact...... (907) 481-2400 Fax..... (907) 481-2419

Emergency...... (907) 539-1617

## Senior Citizens of Kodiak, Inc.

(See Listing Under Aging Adult Services)

# State of Alaska Department of Public Assistance

211 Mission Road Suite 101

#### Denali KidCare

Contact...... (800) 478-7778

 Health insurance coverage for pregnant women, children, and teens through age 18

## Medicaid

Website:

## www.dhss.alaska.gov/dpa/Pages/Medicaid

- Contact...... (800) 780-9972
- Health insurance for low-income children, pregnant women, families, the elderly, blind and the permanently disabled

# HEALTHCARE SERVICES — UNINSURED/UNDER INSURED

### **Kodiak Area Native Association**

(See Listing Under Healthcare Services)
Contact......(907) 486-9861

Email: Paula.Matchian@kodiakhealthcare.org

 The Patient Benefits Coordinator can assist in applications for eligible coverage and resources including but not limited to: Medicaid, T-SHIP, and VA Benefits.

## **Kodiak Island Ambulatory Care Clinic**

(See Listing Under Healthcare Services)

### **Kodiak Community Health Center**

(See Listing Under Healthcare Services)

#### **Kodiak Public Health Center**

(See Listing Under Healthcare Services)

#### **Consumer Direct Personal Care**

(See Listing Under Healthcare Services)

## **Providence Kodiak Island Medical Center**

(See Listing Under Healthcare Services)

# State of Alaska Department of Public Assistance

211 Mission Road, Suite 101

# Chronic & Acute Medical Assistance Website:

www.dhss.alaska.gov/dhcs/Pages/cama Contact......(800) 478-7778

 Health Care Coverage for people age 21-64 who do not qualify for Medicaid benefits, have very little income, and have inadequate or no health insurance

# **HOUSING & SHELTER ASSISTANCE**

# **Alaska Housing Finance Corporation**

521 Maple Avenue

Website: www.ahfc.us

Contact...... (907) 486-5513 Fax...... (907) 486-4065

- Mon Fri 8am 5pm
- AHFC offers the Housing Choice Voucher Program
- Family: Pacific Terrace at scattered locations

## **Bayview Terrace Apartments**

309 Erskine Avenue

Email:amcfarland@gci.net

Property Manager (Angie) ...... (907) 942-1515

- Housing Vouchers Accepted
- Private Pay Accepted
- Independent and Assisted Living
- All Ages Accepted
- Pets on approval

#### **Brother Francis Shelter**

410 Thorsheim Street

Contact...... (907) 486-5610

- Emergency Shelter and meals
- Assisting men, women, and children
- Hours: 7 days a week, 8:30pm 7:30am, with client intake from 8:30pm - 10:30pm
- Homeless Prevention and Rapid Re-housing
   9am to 5pm
- 30-day max stay

# Providence Kodiak Island Medical Center - Chiniak Bay Elder House

1915 E Rezanof Drive

Contact..... (907) 486-7800

22 bed long term care

This is a dynamic document: Names, positions, and program information are subject to change. Please send updates and report omissions to: ETSS@kodiakhealthcare.org or call 907.486.9879.

- Full dietary services, skilled nursing care, physical and occupational therapy, social services, activity therapy, spiritual services.
- A demonstrated need for 24 hour nursing care is required.

#### **Fir Terrace Apartments**

2610 Mill Bay Road, Apartment E1 Contact.......(907) 486-4648

- Fully subsidized community
- Very low to moderate income families, elderly persons, and persons with disabilities

#### **Kodiak Island Housing Authority**

3137 Mill Bay Road

Website: <u>www.kodiakislandhousing.com</u> Contact......(907) 486-8111 Fax.....(907) 486-4432

- Hours: Mon Fri, 8am 4:30pm
- All applications available online
- Drug and alcohol free housing

## Native preference for:

- Life Builders Young Adult Transitional Housing
  - o Ages 18-24
  - For young adults ready to move toward self-sufficiency
  - Skill Building Program: Education, employment, money management, social skills, nutrition and cooking, emotional support, life skills
- Low Income and Fixed Income Housing
- Mortgage Loans
- Senior and Disabled Housing

#### Native only assistance for:

- Weatherization Renovation
- Rental Assistance Vouchers
- Student Rental Assistance

#### **Kodiak Women's Resource & Crisis Center**

422 Hillside Drive

Website: <a href="www.kwrcc.org">www.kwrcc.org</a> Email: <a href="mailto:contact@kwrcc.org">contact@kwrcc.org</a>

- Domestic Violence and Sexual Assault Shelter
- Serves Women, Children, and Men

#### Services:

- Counseling, Support, and Assistance (Children, Education, Employment, Faith/Spiritual, Financial, Food & Clothing, Health, Housing & Utilities, and Legal
- Free assistance with protective orders, custody, divorce, dissolution, child support, victim's compensation & more.

## **Support Groups and Programs:**

- Immigrant Women's Project Culturally appropriate Education, Self-Esteem building, Support, and Prevention
  - ALMA (Association of Latin Women in Alaska
  - AIJP (Alaska Immigration Justice Project)
  - Soluciones
  - FMSP (Filipino Magkaisa Sa Pagsulong/ Filipino Unite for Progress)
- Native Women's Project

- KANA (Kodiak Area Native Association)
- Sun'ag Tribe of Kodiak
- Native Women's Advisory Council

# **State of Alaska-Division of Public Assistance** (See Listing Under Social Services)

## Sun'aq Tribe of Kodiak - Main Office

312 West Marine Way Website: www.sunaq.org

 Housing Advocate to assist Sun'aq Tribal Members with applying for programs available through Kodiak Island Housing Authority.

# **The Salvation Army Transitional Housing**

1855 Mission Road

Website: <a href="http://kodiak.salvationarmy.org/">http://kodiak.salvationarmy.org/</a> Contact......(907) 486-8740 Fax.....(907) 486-2978

- Transitional housing for adult males who have completed residential substance abuse treatment programs, or those who need time to transition into permanent housing.
- Short term medical transitional living.
- The monthly fee for transitional housing is based in income
- Intake is by referral only Hours: Mon Thurs

## **LEGAL ASSISTANCE**

#### **Alaska Court Services**

600 Barrow Street #100 Anchorage, AK 99501

Website: www.alaska-court.com

Contact...... (907) 258-3211

#### Services offered:

 Service of Process, Bank Sweeps, Social Security Searches, Public Records Retrieval, Permanent Fund Dividend Execution, Address Searches

### Alaska Immigration Justice Project (AIJP)

Website: <a href="www.akijp.org">www.akijp.org</a>
431 West 7<sup>th</sup> Avenue, Suite 208
Anchorage, AK 99501
Contact......(907) 279-2457

- Providing low-cost immigration legal services to immigrants in all immigration applications, including citizenship applications, permanent resident status, work permits, family petitions, and petitions for domestic violence victims.
- Providing translation/interpretation services.

## **Alaska Immigration Law Center (AILC)**

821 N. Street #101 Anchorage, AK 99503

Website: https://visamerica.com/

Contact......(907) 562-4000 Fax.....(907) 562-4004

Email: alaskaimmigrationlawcenter@gmail.com

Hours: By Appointment OnlyProviding services statewide

Services Offered:

- Employer based immigration
- Family based immigration
- Citizenship
- VISAs (Marriage and Fiancé)
- Criminal Defense and Cases
- Criminal Cases

## **Alaska Legal Services Corp**

110 North Willow Street, Suite 132

Kenai, AK 99611

Website: <a href="www.alsc-law.org">www.alsc-law.org</a>
E-mail: <a href="mailto:kenai@alsc-law.org">kenai@alsc-law.org</a>
Contact......(907) 395-0352

 Serving Alaskans with the greatest social and economic need: Domestic violence victims, individuals with disabilities, and people residing in rural areas with limited access to legal counsel.

## Pro Bono Program

1016 W 6<sup>th</sup> Avenue Anchorage, AK 99501 Contact.......(907) 272-9431 Email: probono@alsc-law.org

# Alaska Legal Services Corp – Partnership at KANA

2414 Mill Bay Road Kodiak, AK 99615 Contact......(888) 478-2572

 Able to help Alaska Natives and American Indians  Provide free civil legal services to qualifying patients by addressing health harming legal needs

#### **Consumer Direct Personal Care**

1941 Mill Bay Road # B

Website: <u>www.consumerdirectak.com</u>
Contact.......(907) 481-3070
Fax......(907) 481-3071

- Free Notary Services for Medical Power of Attorney (POA) and Advanced Directives
- Limited Medical POA Consumer Direct Customers only
- Durable POA won't advise, but will notarize

### **Disability Law Center of Alaska**

3330 Arctic Boulevard, Suite 103

Anchorage, AK 99503

Website: <a href="http://www.dlcak.org">http://www.dlcak.org</a>

Email: akpa@dlcak.org

Contact...... 1(800) 478-1234

- Hours: 8am 4:30pm
- Independent, nonprofit law firm providing legal advocacy for people with disabilities in Alaska.

## Alaska Court System - Kodiak Court House

204 Mission Road, Room 124

Contact......(907) 486-1600 Jury Recording.....(907) 486-1601

Website: www.courts.alaska.gov

- Hours: Mon Thurs 8am 4:30pm, Fri 8am
   Noon
- Superior Court
- Court records

**<u>Note:</u>** Clerks office closed Wed. between 8am and 9am for staff meeting

#### Alaska Division of Juvenile Justice

204 Mission Road, Room 131

Website:

http://dhss.alaska.gov/djj/Pages/Probation/diversion.aspx

Contact...... (907) 465-2212

- Restorative Justice Helping juveniles and their families restore their lives.
- Kodiak Officer: Tim Luther
- Assisting minors up to age 19
- Helps juvenile offenders
- Hours: On-call 24 hours a day

#### Family Law Self-Help Center

Website:

https://courts.alaska.gov/shc/family/selfhelp.ht

Contact...... (907) 264-0851

## Sun'aq Tribe of Kodiak - Main Office

(See Listing Under Employment & Training Services)

# **O**THER

#### Alaska 211 HELP

PO Box 200108

Anchorage, AK 99520

Website: www.alaska211.org

Email: alaska211@ak.org

 One-stop resource for connecting with a wide variety of vital resources in your community

# Alaska Immigration Justice Project & Law Center

(See Listing Under Legal Assistance)

#### **American Red Cross**

610 Mill Bay Road

Website: www.redcross.org

Contact...... (907) 486-4040

- Disaster relief
- CPR classes
- Babysitter Courses
- Contact & Locate family

## **Bayside Volunteer Fire Department**

4606 East Rezanof Drive

Website:

https://www.kodiakak.us/111/Bayside-Fire-

Department

Facebook: BaysideVFD

Contact...... (907) 486-4536

- Fire and Emergency Medical Services related training
- Free monthly training covering a variety of topics related to safety
- 1<sup>st</sup> Sat of the month at 10am
- Volunteer opportunities

# U.S. Citizenship and Immigration Services – Anchorage Office

620 East 10th Avenue, Suite 102

Anchorage, AK 99501

Contact...... 1(800) 375-5283

Hours: Mon. – Fri. 8am - Noon

#### **KMXT**

620 Egan Way

Website: www.kmxt.org

Contact......(907) 486-3181 Fax.....(907) 486-2733

- Hours: Mon. Fri. 8am 6pm
- Local public news and broadcasting station
  - Live listening of local government meetings
- Free public service announcements for Non-Profits

## **Kodiak Daily Mirror**

1419 Selig Street

Website: <a href="www.kodiakdailymirror.com">www.kodiakdailymirror.com</a>
Contact......(907) 486-3227

Fax......(907) 486-3227

Email: info@kodiakdailymirror.com

- Hours: Mon. Fri. 8:30am 4:30pm
- Kodiak's local newspaper

#### **Oceans United**

3416 Woodland Drive

Contact...... (907) 486-3894

#### **Anchor Youth**

- For students grade 6-12
- Fun, interactive, nationally recognized mentoring program
- Wednesdays: 6pm-8pm

# The Language Interpreter Center Alaska Immigration Justice Project (AIJP)

431 West 7<sup>th</sup> Avenue, Suite 208 Anchorage, AK 99501

Website: <a href="https://www.akijp.org/language-interpreter-center">www.akijp.org/language-interpreter-center</a>

Contact...... (907) 279-2450

- Linking and providing qualified language interpreters to customers and organizations alike in order to assist Alaskans with limited English proficiency.
- Offers training and certifications to develop and maintain language interpreters/translators.

# The Latin Association of Women in Alaska (ALMA)

PO Box 535

Contact...... (907) 942-2479

Email: ALMAinKodiak@hotmail.com

- Activities to encourage and help Hispanic women to develop their skills and families
- Monthly meetings
- Fundraising Activities
- Offers scholarships for students attending school within Alaska
- Summer internship program
  - O Youth ages 13 -15

## St. Mary's Marian Center

2932 Mill Bay Road

Contact......(907) 486-3513

• Open to public, rental facility

# **PARENTING SUPPORT**

## **Bayside Volunteer Fire Department**

4606 Rezanof Drive East

#### Website:

https://www.kodiakak.us/111/Bayside-Fire-Department

Contact..... (907) 486-4536

- Main contact Interim Chief Bruce McNeil
- Car seats available donation requested
- Car seat checks and installation

## **KANA Infant Learning Program (ILP)**

(See Listing Under Children's Services)

## **Kodiak Crisis Pregnancy Center**

311 Center Avenue, Suite 211

Website: <a href="www.kodiakpregnancyhelp.org">www.kodiakpregnancyhelp.org</a>
Contact.....(907) 539-2229

- Offering information on adoption, parenting education, child and prenatal development and childbirth info.
- Offering free supplemental baby food and emergency formula.
- Free maternity and baby clothing.
- Referrals to other resources, advocacy, peer counseling, free baby furniture and items, diapers.
- Hours by appointment only

## Kodiak Birth and Wellness, LLC

(See Listing Under Healthcare Services)

#### **Kodiak KINDNESS**

(See listing under

#### **MOPS-Mothers of Preschoolers**

(See Listing Under Children's Services)

# PREVENTION AND SUBSTANCE ABUSE SUPPORT

#### **Careline Crisis Intervention**

 Contact if in a crisis, a survivor, grieving, concerned about someone, or need to talk to someone

# **KANA Tobacco Prevention and Education Program**

3449 Rezanof Drive East

Contact..... (907) 486-9800

- Providing education, prevention and policy development assistance concerning all aspects of Tobacco use.
- Referral system to Alaska's Free Tobacco
   Quitline 1-800-784-8669
- Referral to the Substance Abuse Program within KANA for those seeking help to quit using Tobacco products.
- Open to Native and Non-Natives.

## **Kodiak Area Mentor Program Inc. (K.A.M.P)**

412 Marine Way – Above AT&T Contact...... (907) 486-2919 Website: www.kodiakareamentorprogram.org

- Office Hours by Appointment Only
- Formalize mentorship program under the guidance of Alaska Correction Ministries.

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- Helping individuals who have been or are currently involved in the criminal justice system.
- "Breaking the Cycle, Giving Hope to the Hopeless".

## The Salvation Army

1855 Mission Road

Contact...... (907) 486-8740 Fax..... (907) 486-2978

Family Services

- Furniture (depending on availability)
- Food Resources
- Family Counseling
- Substance Recovery
- Disaster Relief Program
- Missing Persons
- AA and NA Programs Weekly

# **Substance Abuse and Mental Health Services Administration**

Website: www.samhsa.gov

National Helpline...... 1(800)662-4357

• Individuals and families facing mental and/or substance use disorders

#### **Veterans Crisis Line**

(See Listing Under Veteran Information)

# **SOCIAL SERVICES**

# Kodiak Area Native Association (KANA) – Community Services

Mailing: 3449 Rezanof Drive East

Physical: 194 Alimag Drive

Contact	(907	) 486-9879
Fax	(907)	486-4829

 Assisting individuals, families, and communities with the support(s) needed to achieve self-sufficiency

#### Services Available:

- Tribal Temporary Assistance for Needy Families (TANF)
- Child Care Assistance
- Employment and Training
- Education Assistance
- Tribal Vocational Rehabilitation
- Tribal Operations (Akhiok, Kaguyak, & Tangirnaq)
- Environmental Services

### **Social Security – Anchorage Office**

(See Listing Under Disability Service Providers)

#### State of Alaska Division of Public Assistance

211 Mission Road, Suite 201

Contact...... 1 (888) 876-2477

Website: www.dhss.alaska.gov/dpa/

## **Alaska Temporary Assistance Program**

 Provides cash assistance and work services to low income families with children to help reach self-sufficiency.

## **Heating Assistance Program**

 Assists Alaskan households with a portion of home heating expenses

## **General Relief Assistance**

Contact...... 1 (800) 478-7778

 Designed to meet the basic needs in emergency situations to include; shelter, utilities, food, and clothing.

## Sun'aq Tribe of Kodiak

312 W Marine Way

Website: www.sunaq.org

Contact...... (907) 486-4449

#### **Victim Services**

- Support system for teens 15-17 years old suffering from abuse at home
- Provide support for LGBTQ & Two-Spirit for both youth and adults

## **TRANSPORTATION**

#### KANA Van

Contact......(907) 486-9870

- Serves KANA patients with appointments
- Hours: Mon Fri 8am 4:30pm
- Priority of transportation services: Medical, Behavioral Health and Community Services

## **Kodiak Area Transit System (KATS)**

2014 Mill Bay Road

Website: www.katsbus.org

Contact...... (907) 486-8308

- Dial-A-Ride Service Hours Mon-Fri 6:30am-6:30pm, Sat-Sun 10am-3pm
- Cost to ride is \$2.00 each way
- Scheduled service to medical appointments, work, shopping, and other activities

This is a dynamic document: Names, positions, and program information are subject to change. Please send updates and report omissions to: ETSS@kodiakhealthcare.org or call 907.486.9879.

 Due to limited capacity, it is recommended you schedule your ride at least two business days before you want to ride.

# Alaska Marine Highway System – Alaska State Ferry

(See Listing Under Veteran Information)

## **VETERAN INFORMATION**

## 24/7 Support Services Veterans Crisis Line

• Help for veterans and their families

### VA Combat Call Center

Contact...... 1(877)927-8387

 Can speak about their military experience or issues with readjusting to civilian life

## **National Call Center for Homeless Veterans**

 For veterans who are homeless or at risk of being homeless

# Alaska Marine Highway System – Alaska State Ferry

Kodiak Terminal Contact....... (907) 486-3800 Reservations/Customer Service: (907) 465-3941

Website: <a href="http://dot.alaska.gov/amhs/">http://dot.alaska.gov/amhs/</a> Email: <a href="mailto:dot.amhs.customer@alaska.gov">dot.amhs.customer@alaska.gov</a>

### **Disabled Veterans Ferry Pass**

- Must have service-connected disability
- Pass entitles veteran and an attendant (if required by physician) to a reduced fare

### **Alaska Department of Natural Resources**

550 West 7<sup>th</sup> Avenue, Suite 1360 Anchorage, AK 99501

Website:

http://dnr.alaska.gov/parks/asp/vetpass.htm Contact.....(907) 269-8400

#### Alaska State Park Camping Pass

- Receive 1 Camping Pass for free, good for 2 years
- Apply in person at Anchorage, Fairbanks, or Kenai
- Call to inquire about required paperwork

## **Land Discount**

- 25% discount on the purchase price of state residential/recreational land
- May only be used once in the veteran's lifetime

## Alaska Department of Fish and Game

Website:

http://www.adfg.alaska.gov/index.cfm?adfg=lic ense.military#disabled vet

Contact......(907)465-2376

Email: adfg.license@alaska.gov

## **Disabled Veteran Hunting and Fishing License**

- Apply online
- Disability rating of 50% or higher from VA

## The American Legion

318 Center Avenue

Website: www.legion.org

Contact..... (907) 486-3258

 Assistance with VA claims, assistance in finding employment, support for current members of the military, financial advice, and Social Security assistance

### **Department of Motor Vehicles**

2921 Mill Bay Road

Contact......(907)486-4612

## **Disabled Veteran Plates**

- Disability rating of 50% of higher from VA
- With or without wheelchair logo parking privileges
- Plates are free

### **Veteran Plates**

Proof of service

# **Independent Living Center**

## <u>Veterans Options for Independence, Choice</u> and Empowerment (VOICE)

(See Listing Under Disability Service Providers)

# KANA Mill Bay Health Center Veterans Services

2414 Mill Bay Road

Contact...... (907) 486-7300 Fax...... (907) 486-7301

- Hours: Mon Fri 8am 6pm and Sat 10am to 5pm
- Services available to all veterans living in the Koniag region:
  - Medical Care
  - Dental Care
  - Specialty Clinic access
  - Behavioral Health services
  - Access to KANA gym

## Kodiak Island Borough - Property Tax Exemptions for Disabled Veterans

710 Mill Bay Road

Contact......(907)486-9324

Website: <a href="https://www.kodiakak.us/503/Disabled-veteran-Property-Tax-Exemption">www.kodiakak.us/503/Disabled-veteran-Property-Tax-Exemption</a>

- Exempt from taxation on the first \$150,000 of the assessed value of the real property
- Disability rating of 50% of higher from VA

# **Veterans of Foreign Wars – VFW Post 7056 Robert Lee Spencer Memorial Post**

PO Box 404

Website: www.vfw.org

Contact..... (907) 486-3195

- Meeting Location: 8625 Monashka Road
- 7pm 2<sup>nd</sup> Tues of month
- Post contains: Club room and Voice of Democracy

## WELLNESS SERVICES

## 100<sup>th</sup> Monkey Yoga Studio

1929 Mission Road

Contact..... (907) 654-4409

Website: <a href="www.kodiakmonkey.com">www.kodiakmonkey.com</a> Email: <a href="kodiakmonkey@gmail.com">kodiakmonkey@gmail.com</a>

Offers Yoga and Pilates

## A Balanced Approach

Physical: 3833 Rezanof Drive East

Mailing: PO Box 8502

Website: www.abakodiak.com Email: info@abakodiak.com

Contact......(907) 512-0860

 Offers Various Weight-Training & Cardio Classes, Indoor Cycling, TRX, Kickboxing, Pilates, Yoga, Piyo, Bootcamp, Circuit, HIIT

& personal training services

#### Archipelago Gym

Contact......(208) 201-2397 Email......<u>fitbyfrick@gmail.com</u> Classes:

- Crossfit
- Toddler tumbling
- Gymnastics

#### **Crossfit Kodiak Island**

170 Von Scheele Way

Contact......(907) 512-2005

- Personal training in group setting
- Facilities membership
- Private training
- Youth classes

#### **KANA Wellness Center**

Physical: 3400 Rezanof Drive East Contact.......(907) 486-1377

- Hours:
  - Mon Fri 5:30AM to 8:00PM
  - Sat Sun 8:00AM to 2:00PM
- Open to KANA Beneficiaries, Veterans, and KANA Employees
- Group fitness classes
- Supervised exercise plans
  - Medical referral only
  - Maximum of 14 weeks

## **Last Set Gym**

4701 E. Rezanof Drive (across from Bayside FD) Contact......(907) 942-1934

- 24-hour gym for members
- Specializing in powerlifting
- New members by appointment only

## North Sister Yoga and Ayurveda

3528 Harlequin Court

Email: daynabrockman@gmail.com

Contact...... (907) 512-7974

Owner/Operator: Dayna Brockman

- Doula Services
- Certified Yoga instructor
- Ayurvedic practitioner